



ALAN

Acute Leukemia Advocates Network

ALAN GLOBAL SUMMIT
#ALANSUMMIT

www.acuteleuk.org

willkommen Sveiki atvyke Mire se vini
valkomna witamy ngiyanemukela benvenuti
Khushamdeed SELAMAT DATANG hoşgeldiniz
dobrodosli welkom udvozlom Haere mai
aayuboovan Chao mung tervetuloa karibua
aaniin
Soo dhowow **WELCOME** bienvenue
Marhaba miawezon Bine ati venit Swagata
Tonga soa Zupinje z te videtite paduka
eguahe pora BIENVENIDO
svāgata karibuni Xush kelibsiz vekomo
node Maligayang pagdating
mikouabo Tere tulemast Mishto-avilian tu vitejte
laipni ludzam Bem-vindos Khair Raghly
ekabo failte benvenguts mauya
Murakaza neza Kenang ka kgotso

Find your buddy

- Go around the room and find your « half »
- Meet and greet!



#ALANSUMMIT



INSPIRE, CONNECT, EDUCATE

TODAY'S AGENDA



1.30 PM

Find your buddy

2 PM

Welcome and opening

2.30 PM

Medical updates on acute leukemias

4 PM

Reconnect with your buddy

4.30PM

From experience to action

5.30 PM

Yoga with chair

7 PM

Dinner (on the rooftop)



DON'T FORGET!

- We do not expect anyone to be an observer - Everyone is welcome and encourage to participate
- Activities proposed during the breaks are optional
- Bad english is the official language

TO-DOS

- Be on time !
- Keep your badge on
- Mute your phone and switch off your computer

Tools to interact



- **WhatsApp community**

- **General (for logistical questions)**

- <https://chat.whatsapp.com/EYX3nJIPayi35h4PUheXoh>

- **#ALANsummit (for pictures)**

- <https://chat.whatsapp.com/L4KC4FoSnn6LhA32Q6r6gJ>

- **Consent for pictures**

- **Badge**

Please wear it and make sure everyone can see it !

Important faces during the next days!



MARIEL
Moderator
Time keeper



ALASTAIR
Report writer



Samantha
Onsite logistics



Christine
Onsite logistics

Thank You to Our Sponsors



We would like to extend our sincerest thanks to the following sponsors for their invaluable support and partnership:



#ALANsummit

(YOUR) AGENDA

FRIDAY'S AGENDA



1.30 PM

Find your buddy

2 PM

Welcome and Opening

2.30 PM

Medical updates on acute leukemias

4 PM

Reconnect with your buddy

4.30 PM

From experience to action

5.30 PM

Yoga with chair

7 PM

Dinner (on the rooftop)



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SATURDAY'S AGENDA



8.15 AM

Grounding

8.30 AM

Workshop: Advocacy in the acute setting

10 AM

May I borrow your buddy?

10.30 AM

Let's talk about data

11 AM

Turning insights into action

12.30 PM

Group photo

12.45 PM

Lunch



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TO-DOS

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- Keep your badge on
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SATURDAY'S AGENDA

1.30 PM

From Data Collection to Advocacy

2.30 PM

Turning Insights into Access

3.30 PM

Marshmallow challenge

4 PM

Workshop: Barriers to access

5.30 PM

Yoga with chair

7 PM

Dinner (hotel)



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TO-DOS

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- Mute your phone and switch off your computer

SUNDAY'S AGENDA



8.15 AM

Breathing / Mindfulness

8.30 AM

Access – Global Realities and Solutions

9.30 AM

Power in Partnership

10.30 AM

Buddy Check in

11 AM

Workshop: What to Advocate for Locally?

11.45 AM

Closing and goodbye

12.30 PM

Lunch and departures



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- Activities proposed during the breaks are optional
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TO-DOS

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- Keep your badge on
- Mute your phone and switch off your computer

INTRODUCTIONS

WHAT IS ALAN

- ALAN is a **global network of patient organisations** focused on acute leukemias (AML, ALL, etc), hosted by the Leukemia Patient Advocates Foundation (LePAF).
- ALAN's mission is to improve patient outcomes by strengthening advocacy, sharing best practices, developing resources for patients and carers, raising awareness, and collaborating with stakeholders in policy, research, and healthcare

WHAT DO WE DO

- ALAN has a number of key activities:
 - developing patient information and specific support for patients with acute leukemias and their carers in all countries;
 - strengthening patient organisations by sharing best practices and providing toolkits in patient advocacy;
 - creating awareness about acute leukemias and how to better support leukemia patients;
 - advocating for better treatment, care & access to healthcare services;
 - collaborating with other initiatives and stakeholders with similar goals.
- Check the ALAN website: www.acuteleuk.org

WHAT DO WE DO

EVIDENCE BASED ADVOCACY

- GLOBAL QUALITY OF LIFE SURVEY
- LEUKEMIA PATIENT AND CARER EXPERIENCE SURVEY
- PATIENT PREFERENCE STUDY

ONLINE EDUCATION

- WEBINARS
- GLOBAL SUMMIT
- CONGRESS HIGHLIGHTS

AWARENESS CAMPAIGN

- #WORLDLEUKEMIA DAY
- #WLD
- #BELEUKEMIA AWARE

RESOURCES CENTER

COMMUNITY ADBOARDS

INVOLVEMENT IN VARIOUS INITIATIVES ON EUROPEAN AND INTERNATIONAL LEVELS.

ALAN's activities are:

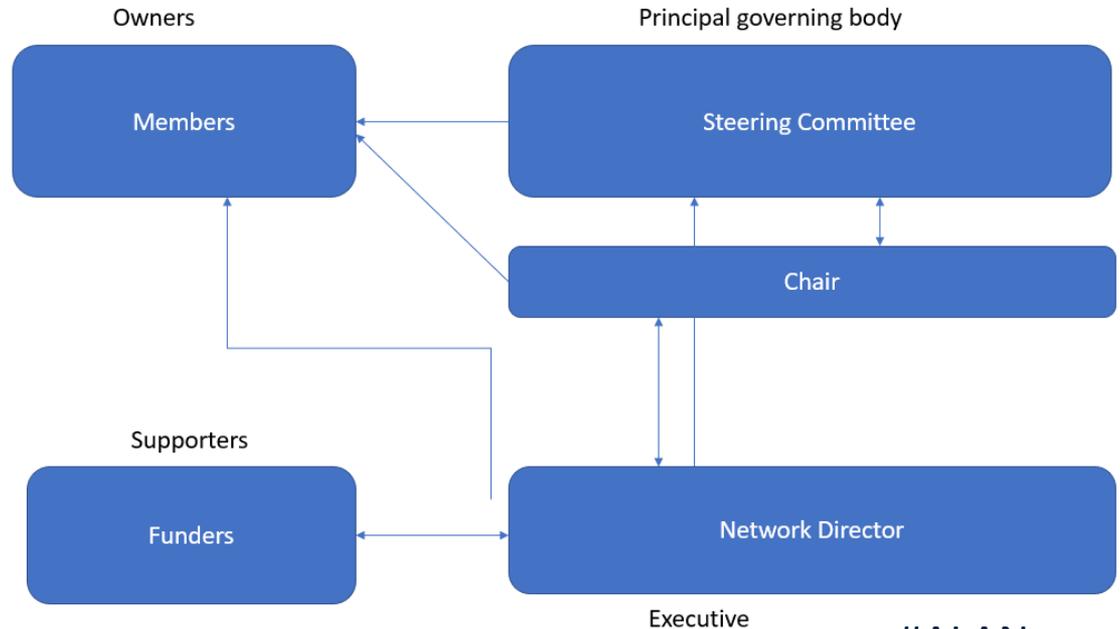
- Patient-led
- Collaborative
- Evidence-based

Governance



ALAN's governance model includes the following bodies, as agreed upon with the Leukemia Patient Advocates Foundation (LePAF):

- Steering Committee: Non-executive – principal governing body
- Network Director: Executive



MEET THE TEAM



Jan Geissler

Interim Chair & Steering Committee member / LePaf representative

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Sophie Wintrich

Steering Committee member

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Cheryl Petruk

Steering Committee member

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Catherine Moura

Steering Committee member

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Elo Mapelu

Steering Committee member

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Marine Tullet

Steering Committee member

Email: marine.tullet@gmail.com

MEET THE TEAM



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Gereon Mänzel

Steering Committee member

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Charles McGrath

Steering Committee member

Email: charlesmcgrath96@gmail.com

Network Management



Samantha Nier

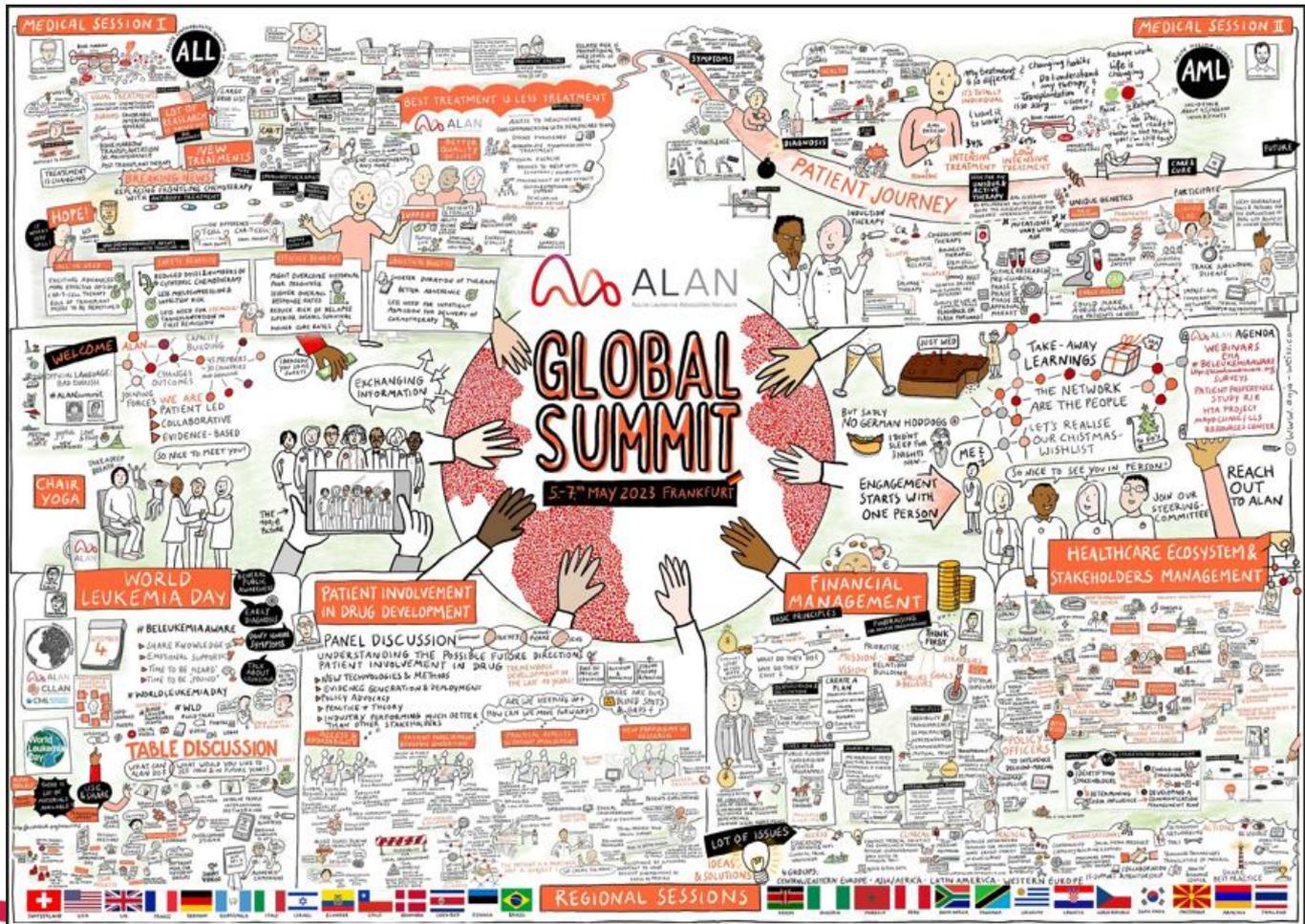
Network Director

Email: niersamantha@outlook.com

/ samantha@acuteleuk.org

RETROSPECTIVE

2023



#ALANsummit

Some numbers



Membership (organisations & countries)	61 member organisations from 55 countries.
Social Media / Audience size	Facebook: ~2,000 followers (vs ~237 in 2019) Instagram: ~907 LinkedIn: ~945 X (formerly Twitter): ~1,500
Newsletter reach	Quarterly newsletter: ~400 subscribers
Clinical trial finder usage	Over ≈12,500 users in a one-year period (Oct 2023 – Oct 2024) across all 17 cancer indications supported by Ancora.ai, including AML/ALL searches etc. Specific trials-searches: 205 for ALL, 592 for AML, from 33 countries.
Global Quality of Life Survey (Acute Leukemia)	552 respondents from 42 countries: 332 with AML, 139 with ALL, 81 with APL.
Global Leukemia Experience Survey (2021-22)	~2,629 leukemia patients responded, and 571 carers, from 79 countries.
Global Leukemia Experience Survey (2023)	~2,260 patients and 694 carers responded.
Breakdown of respondents with acute leukemia	In 2021-22 survey: of the respondents, 416 were patients with acute leukemia, and 210 carers of acute leukemia patients. In 2023 survey: of the respondents, 641 were patients with acute leukemia and 392 carers of acute leukemia patients.

Major projects and Outcomes



Major Activities & Projects

- **Evidence based advocacy:** continued large-scale surveys: Global Quality of Life Survey, Leukemia Patients and Carers Experience Survey, Patient Preference Study
- **Awareness campaign:** continued promotion of public understanding **#BeLeukemiaAware, BCAM, #WeAreMen**
- **Started / continued involvement with external research / policy initiatives**
- **Growing community engagement** – more communication, better tools, more support to member groups.
- **Providing a Resources Center** – developing more tools, information materials, guidance
- **Continuous online education** (webinars, seminars, congress report, ALAN Summit)

Highlights / Outputs

- Publication of reports, posters and **5** journal articles
- More internal tools for advocates (e.g. toolkits, best practice sharing).
- More input into policy and research discussions, particularly via evidence from patient/carers surveys.
- Raised visibility of acute leukemia issues among policy/research stakeholders
- Strengthened governance, business continuity, operating rules etc. to support sustainability.
- Strengthened engagement at congresses; more materials for advocates
- More robust resources for patients/carers

What do we do well?



- **Acute disease focus:** Acute leukemias have different challenges (fast onset, urgent treatment), so ALAN's tailored surveys and work in this area are especially valuable, filling a gap compared to networks focused on chronic leukemias.
- **Investment in evidence:** ALAN is producing peer-reviewed published data, QoL metrics, etc., which gives strong base for advocacy.
 - 5 journal articles in 3 years (we are the only ones in hem-onc)
- **Combined collaboration with other networks:** Many surveys are done in collaboration (ALAN + CLLAN + CMLAN), which helps share reach & resources, cross-comparisons, etc.
- **Rapid engagement and tool development:** The progression from first surveys to toolkits, resource center, awareness campaigns shows not just data gathering but translating into resource outputs

What could we do better?



- **Closing the gap between awareness & access:** While awareness and advocacy are growing, ensuring concrete improvements in access to care, diagnostics, treatment (especially in lower/middle income countries) remains a big challenge.
- **Implementation of findings:** Surveys and preference studies generate a lot of data; turning that into policy change, guideline changes, or improved care at local/national levels may require more resources and support.
- **Sustainability and funding:** As with many networks, reliance on external sponsors, the need for robust governance, and continuity of operations are critical. ALAN has taken steps (governance, business continuity plans) but this is an ongoing requirement.
- **Engagement in diverse regions:** Ensuring that the voice of patient groups from all world regions, including low- and middle-income settings, is heard, represented, and supported.
- **Measurable impact metrics:** While we report a lot of activity from our evidence-based advocacy work, there is less data or outcome metrics (e.g. changes in patient survival, treatment delays, policy change) available. It may take more time or more formal evaluation to show this.

Long story short



Over the past three years, ALAN has:

- Consolidated its role and matured as a global network for acute leukemia advocacy
- Built a stronger foundation in gathering patient/carer evidence and using it to inform advocacy
- Expanded capacity, both among member organisations and through tools & resources
- Raised visibility for acute leukemia issues — among patients, carers, healthcare providers, and policy stakeholders
- Strengthened collaborations and external partnerships.

Note: The progress is quite substantial given the complexity of health systems, regulatory environments, and the disparity in resources globally.

ALAN appears well-positioned to increasingly influence policy, improve access to treatment, and improve quality of life for patients — but the next frontier will likely be moving from awareness and evidence towards concrete policy/health-service change and ensuring sustainable impact in diverse settings.

2017



2025

- Thought leaders
- Pioneers
- Community leaders across hematology
- Collaborators
- Capacity building and member support



What are you most proud of in your advocacy "career"?



LINK

<https://www.menti.com/alt8mjx2x3cs>

Or SCAN THE QR CODE



Click to download as image

#ALANsummit



ALAN

Acute Leukemia Advocates Network

MEDICAL SESSION

Charles McGrath, Carolina Garcez, Giovanni Marconi

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Patient 1

Mary, a **48-year-old** woman, has felt very weak for 3 days, with **easy bruising, heavy menstrual bleeding and bleeding gums**. On exam, she looks **pale**, has **multiple bruises**, and mild gum bleeding.

Lab tests show very **low red and white blood cells and platelets**. Her blood is not clotting normally, and she has signs of a dangerous **body-wide bleeding and clotting problem**.

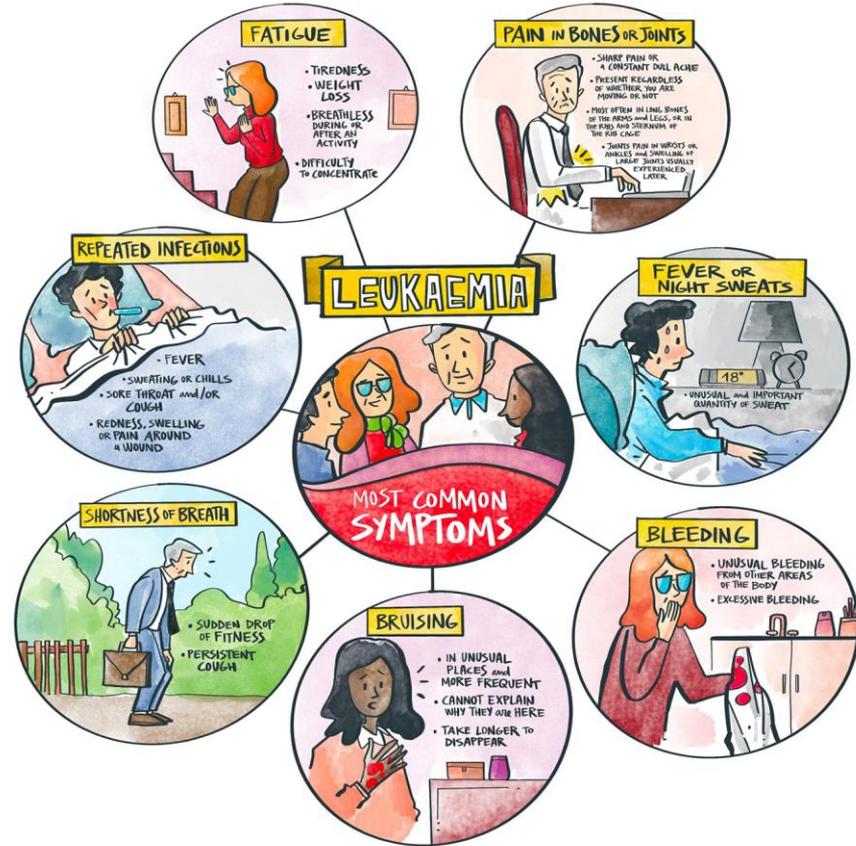




As a patient advocate, what is the most important next step to push for?

UNDERSTANDING THE DIAGNOSIS

Symptoms



<https://acuteleuk.org/downloads/infographics/?274>

General approach at Diagnosis

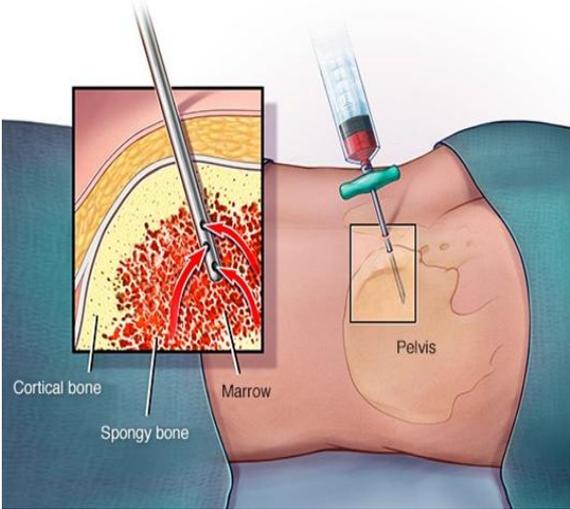


A patient who might have acute leukemia needs:

- A full clinical evaluation
- Blood tests
- Looking at the blood and bone marrow under the microscope
- Special tests on the leukemia cells to understand exactly what type it is

These steps guide treatment.

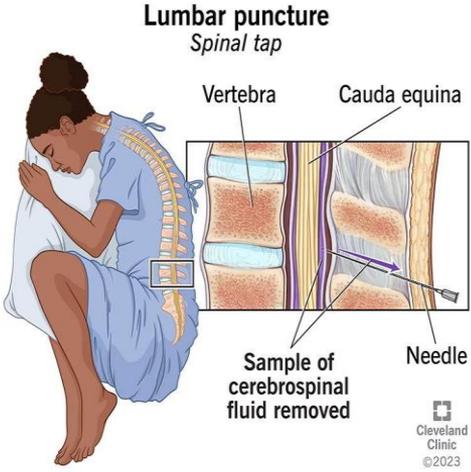
Diagnostic Procedures



Bone marrow biopsy
Bone marrow aspirate

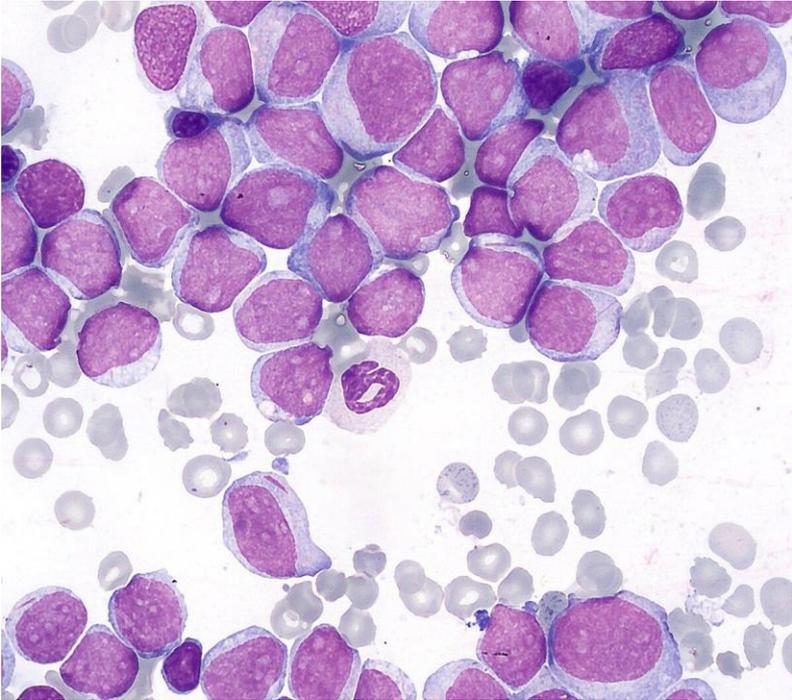
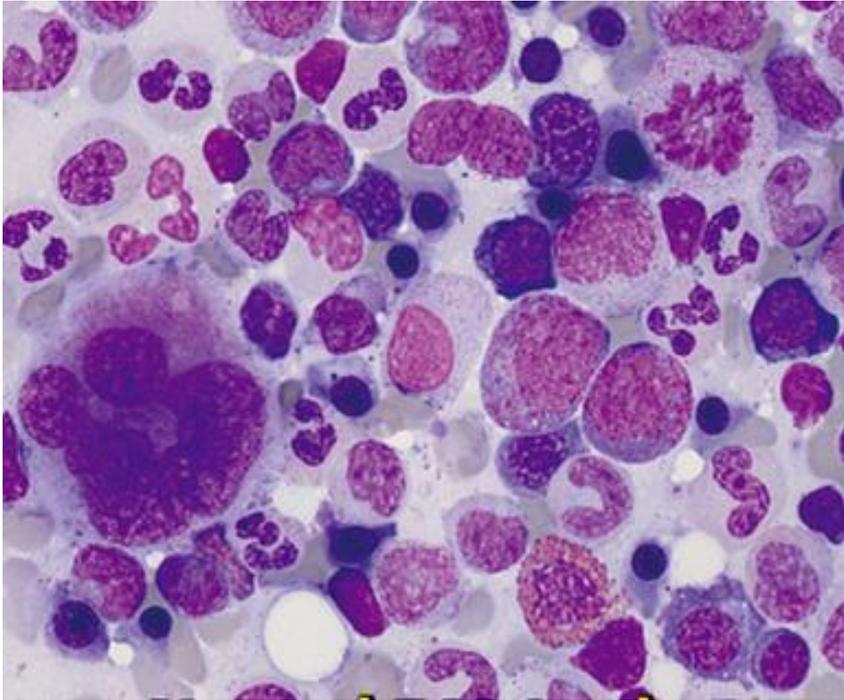


Lymph node biopsy



Lumbar Puncture

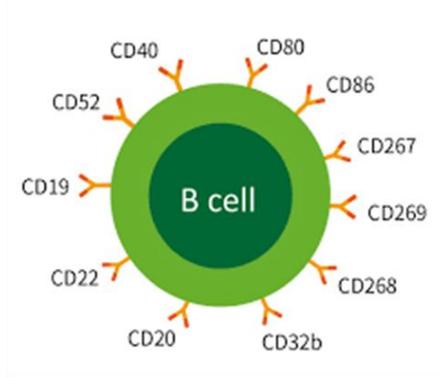
Cytological diagnosis



Cytological diagnosis



Tests on the samples



Flow cytometry



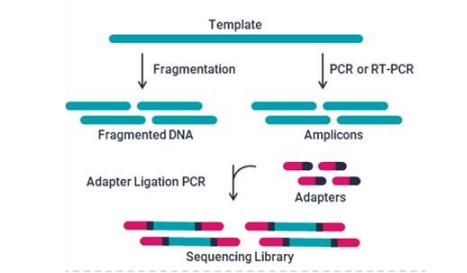
2 DAYS



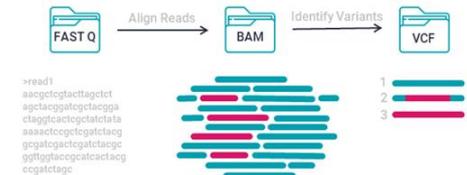
Karyotype



7 DAYS



Analysis

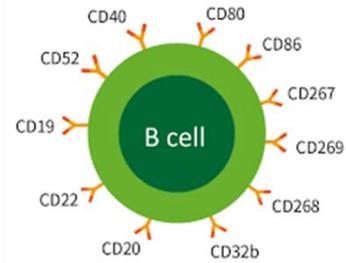


NGS

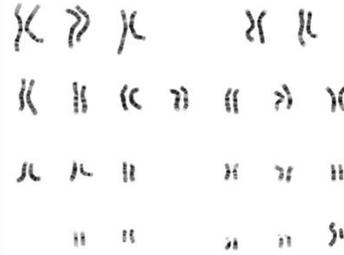


14 DAYS

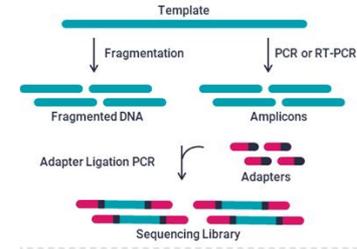
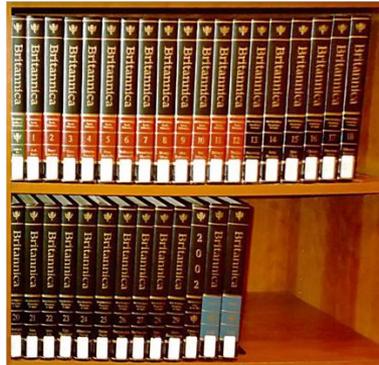
Tests on the samples



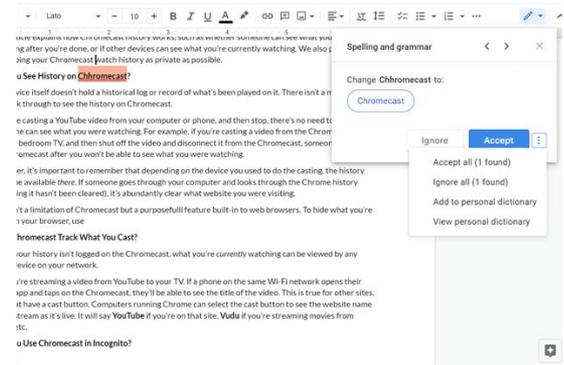
Flow cytometry



Karyotype

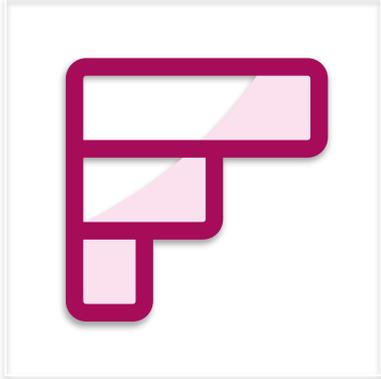


NGS





What role can patient advocates play in helping others navigate this phase?

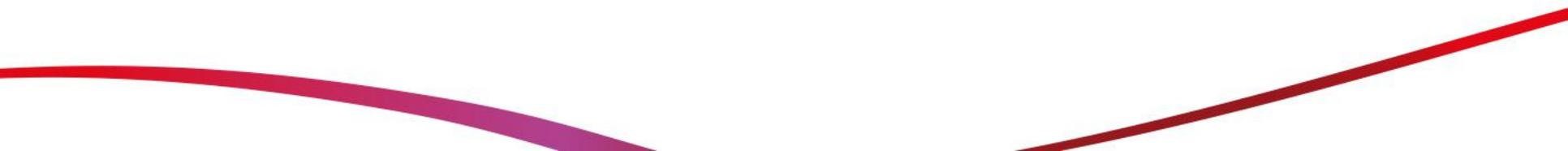


What is the main need to diagnose leukemia quickly and accurately in your country

Patient 1 continuation

After receiving her initial diagnosis of acute leukemia, Mary was promptly started on ATRA (on the suspicion of APL) and emergency supportive measures to address a severe clinical presentation, including a high risk of life-threatening bleeding. This urgent intervention helped stabilize her condition, even though not all test results were back yet.

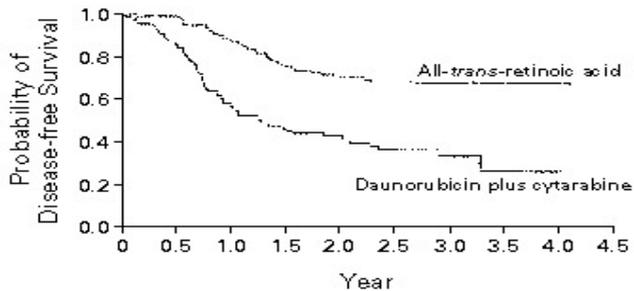
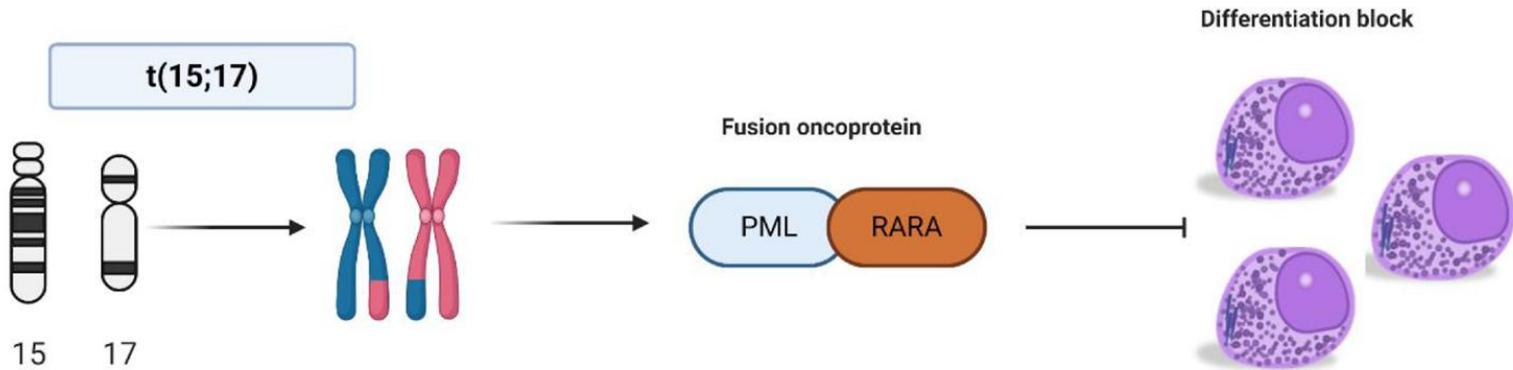
Now that she is clinically stable, her doctors explain that they still need to wait for the results of specific molecular and genetic tests before deciding on the next phase of her leukemia treatment. Mary feels confused... if this is such an urgent disease, why wait now?





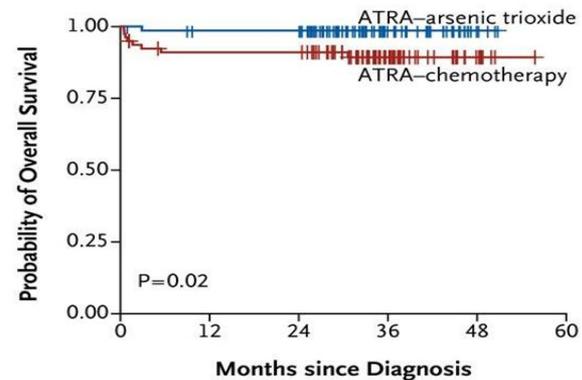
As a patient advocate, how would you explain the main reason her doctors are performing these genetic tests at this stage?

GENETIC AND MOLECULAR TESTING: GUIDING TREATMENT DECISIONS



	1ST YR	2ND YR	3RD YR	4TH YR	5TH YR
	no. of events/no. at risk				
Daunorubicin plus cytarabine	49/120	14/61	6/35	1/8	0/0
All-trans-retinoic acid	15/124	18/98	2/67	0/21	1/3

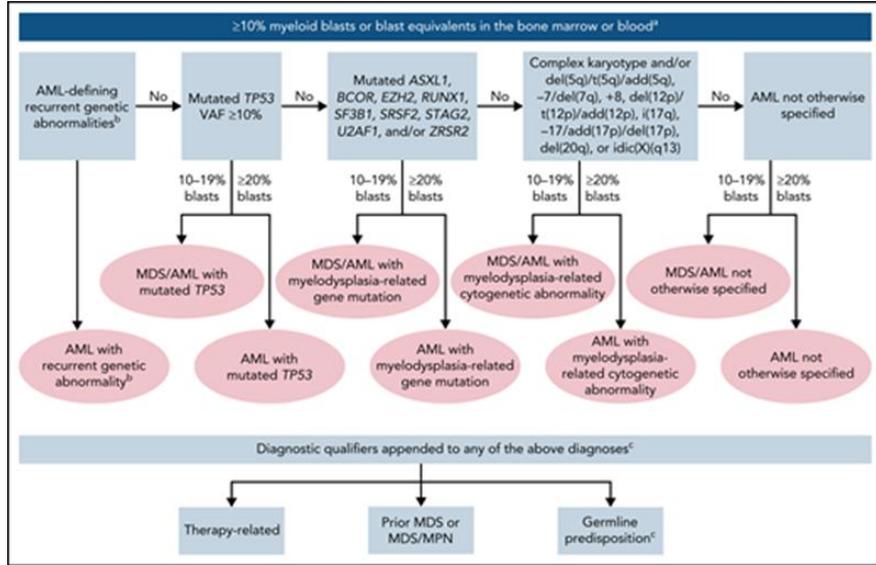
Tallman, NEJM, 1997



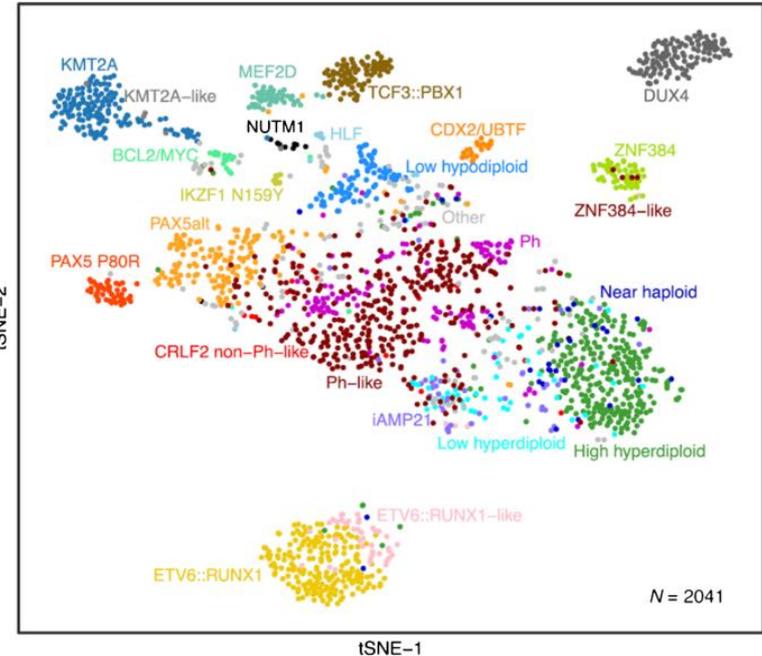
No. at Risk	0	12	24	36	48	60
ATRA-arsenic trioxide	77	73	73	29	5	
ATRA-chemotherapy	79	69	69	29	7	

LoCoco NEJM 2013

A classification and treatment paradigm based on genetic

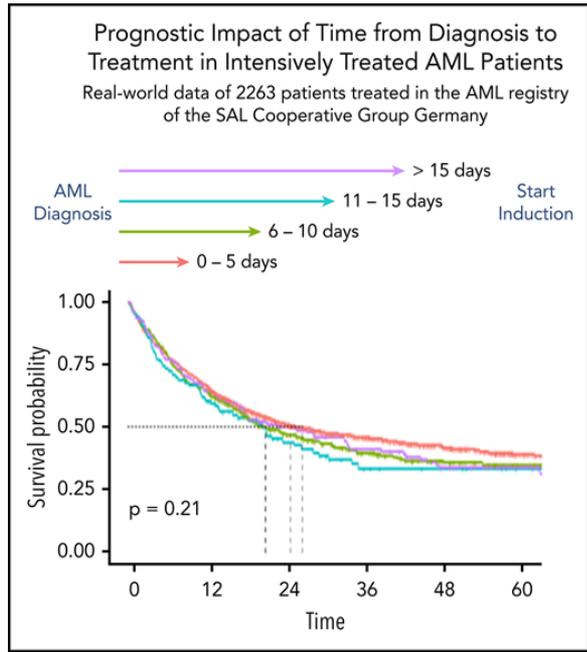


Arber, Leukemia, 2022

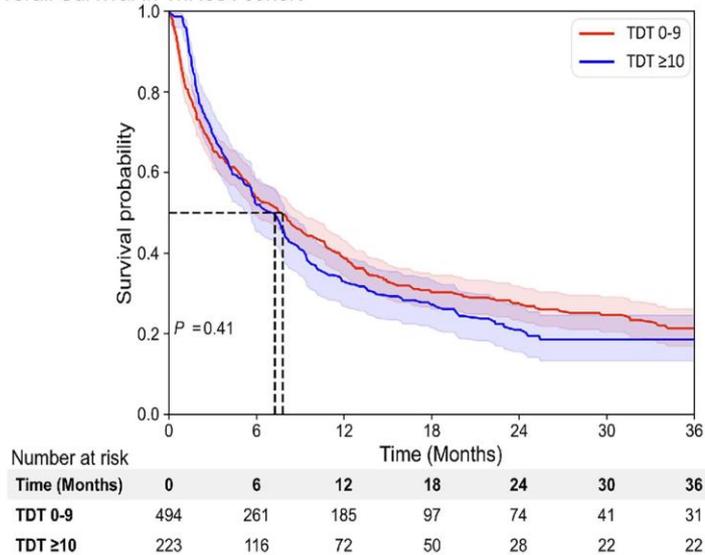


Nature, 2022

How much time is typically acceptable between confirming a diagnosis of acute leukemia and starting treatment, especially when waiting for molecular or cytogenetic results?



B Overall Survival in TriNetX-cohort



Bertoli Blood 2013, Rollig 2020, Baden 2024



What can be done to shorten the diagnostic timeline or at least make the waiting period feel less disempowering?

Patient 1 continuation

After her treatment, **Mary** hears her doctor mention that her leukemia could be “**de novo**” or “**secondary**.”

These words sound unfamiliar and a bit worrying.

Later, her care team also mentions **germline testing** and Mary begins to wonder what that means and whether it might affect her children.

Mary asks:

“Does this mean my leukemia could be something I was born with or something I could pass on to my kids?”





As a patient advocate, what might be the main reason Mary's doctors are suggesting germline testing?

GERMLINE TESTING & FAMILIAL RISK

THE WORDS 'DE NOVO OR SECONDARY' MAY BE MENTIONED TO YOU AT POINT OF DIAGNOSIS. LIKE MANY OF THE NEW WORDS, THESE CAN SEEM SCARY, LET US EXPLAIN THEM FOR YOU...



DE NOVO

MEANS YOU HAVE NOT HAD ANY PREVIOUS CLINICAL HISTORY RELATING TO MYELODYSPLASTIC SYNDROME (MDS), MYELOPROLIFERATIVE DISORDER OR HAD ANY EXPOSURE TO POTENTIALLY LEUKEMOGENIC (POTENTIAL CAUSES OF LEUKEMIA) THERAPIES.

SECONDARY

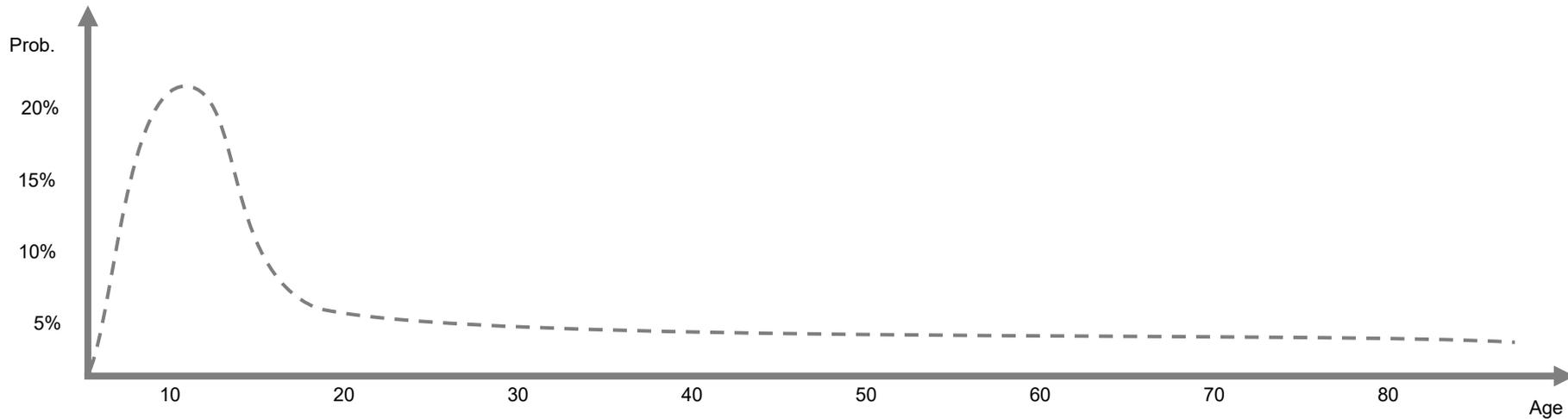
THIS IS WHEN THE LEUKEMIA HAS EVOLVED FROM A PREVIOUS MYELODYSPLASIA, MYELOPROLIFERATIVE DISORDER OR APLASTIC ANAEMIA OR POTENTIAL EXPOSURE TO LEUKEMOGENIC THERAPIES - WITH OR WITHOUT TREATMENT.



Germline predisposition

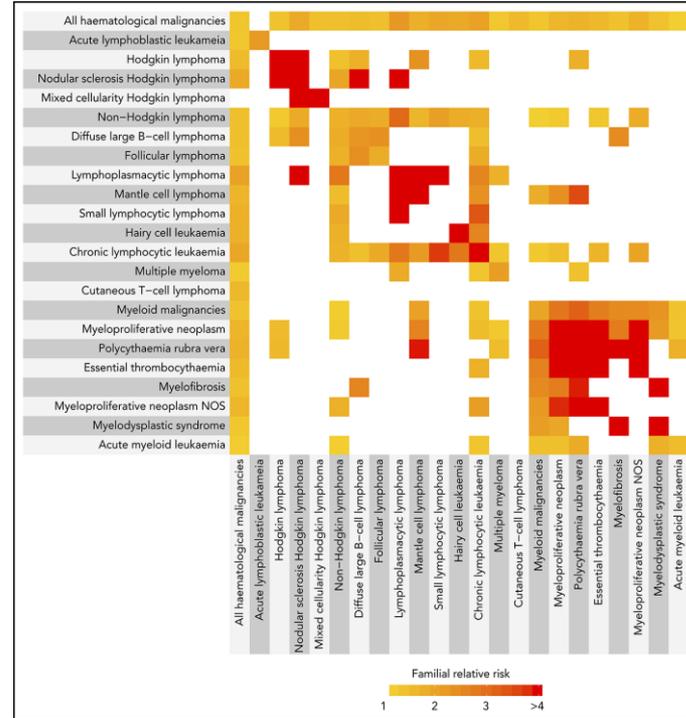
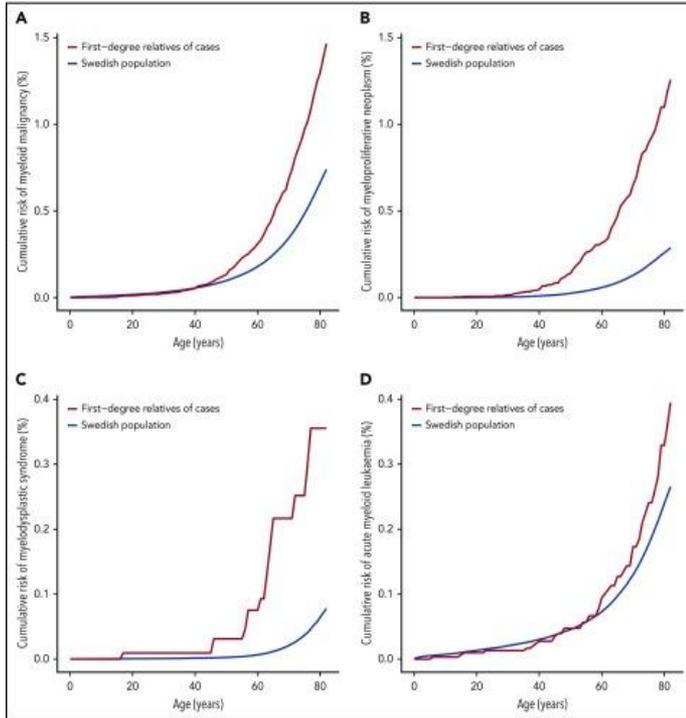


Acute leukemia has germline predisposition

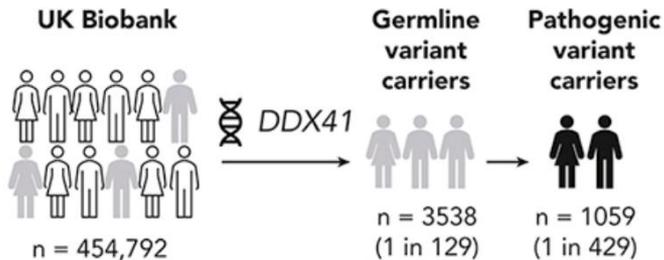


Reinig, leukemia 2023, adapted

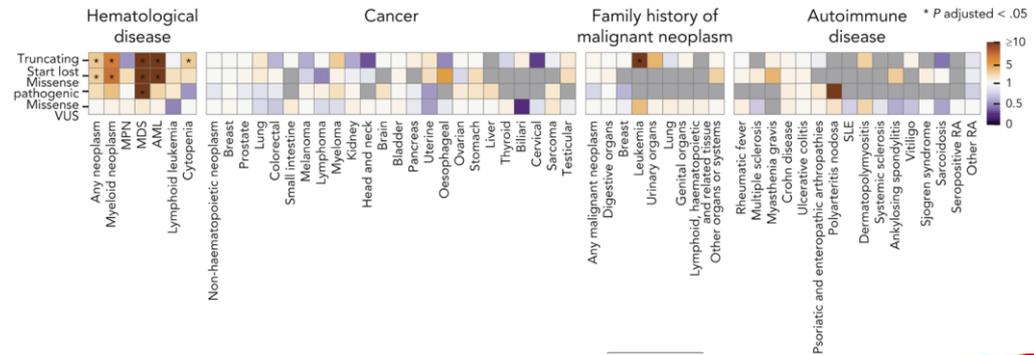
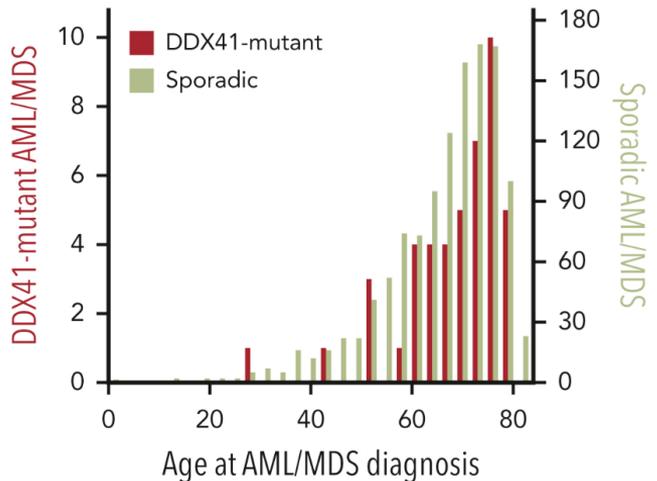
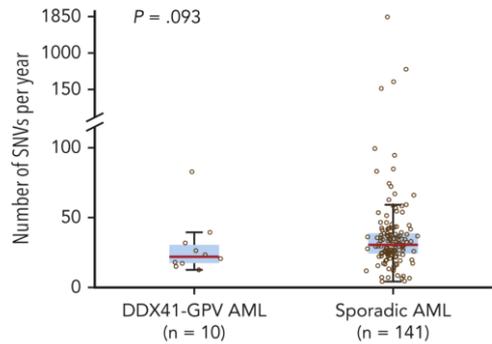
Familiar risk is different



New germline predispositions, an example



Odds ratios for AML/MDS
DDX41 truncating: 15.1
DDX41 missense: 7.5
DDX41 start-lost: 12.9





What role can patient advocates play in ensuring that germline testing leads to understanding, not anxiety, within families?

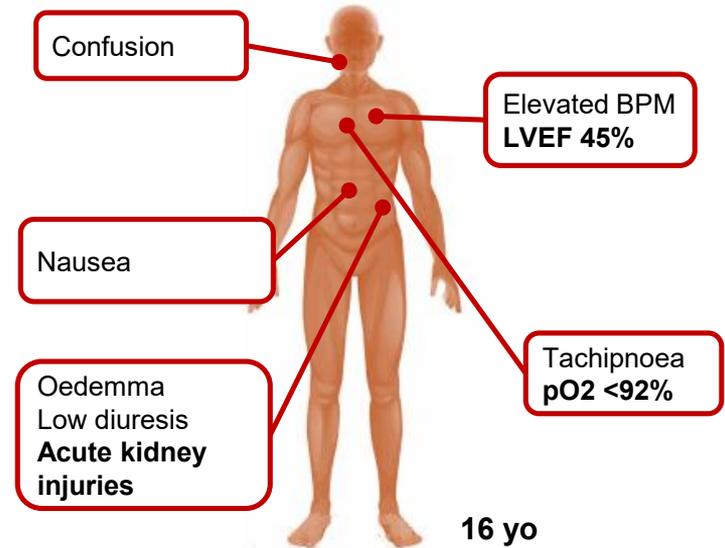
Patient 2

John, a **16-year-old** boy, comes to the ER after a week of **worsening fatigue and shortness of breath**.

His parents noticed unusual **bruises** on his legs and arms, and in the past two days, he has become **confused and nauseated**.

On examination, he looks very **pale and weak**. His heart rate is fast, he is breathing quickly, and his **oxygen levels are below normal**. His legs are **swollen**, and he has very little urine output.

Based on labs results, the medical team suspects that his body is struggling with **serious complications involving the heart, lungs, and kidneys**.





What factor will most influence the doctors' decision on how aggressive his leukemia treatment can safely be?

TAILORING TREATMENT: DECISION TREES BASED ON PATIENT FITNESS

A decorative graphic at the bottom of the slide consists of a thick, curved line that transitions from a deep purple on the left to a bright red on the right.

How to define treatment intensity?

GO



- Completely independent for daily living activities
- No major organ damage
- Long life expectancy without the disease

SLOW-GO



Old (>75 yo) or
At least one significant
comorbidity

NO-GO



Severe comorbidity
with severe disability

How to define treatment intensity?

GO



High dose treatment

- Completely independent for daily living activities
- No major organ damage
- Long life expectancy without the disease

SLOW-GO



Reduced intensity treatment

Old (>75 yo) or
At least one significant
comorbidity

NO-GO



Supportive care only

Severe comorbidity
with severe disability

FIRST-LINE THERAPIES: STANDARD OF CARE TREATMENTS TODAY

A decorative graphic at the bottom of the slide consists of a thick, wavy red line that curves from the left side towards the right, ending in a slight upward slope.

1 INDUCTION THERAPY



- AIMED AT QUICKLY GETTING RID OF AS MANY LEUKEMIA CELLS AS POSSIBLE

- INTENSITY OF TREATMENT DEPENDS ON PATIENT'S AGE AND HEALTH

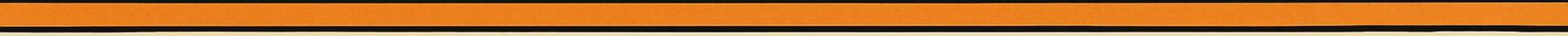
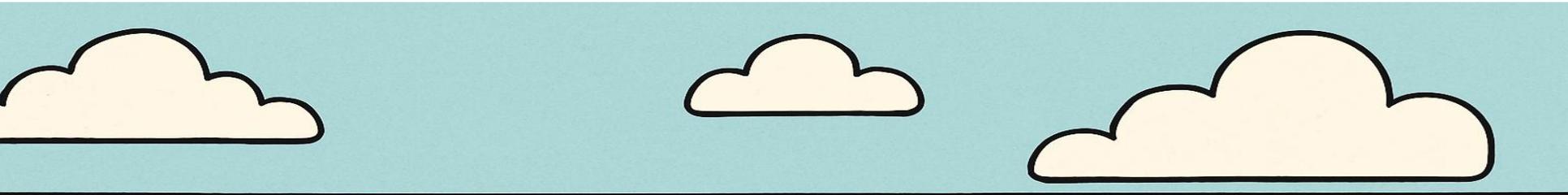
- DOCTORS OFTEN GIVE THE MOST INTENSIVE THERAPY TO PATIENTS YOUNGER THAN 60 YEARS, BUT SOME OLDER FIT PATIENTS MAY BENEFIT FROM SIMILAR OR SLIGHTLY LESS INTENSIVE TREATMENT



2 CONSOLIDATION

THE AIM IS TO CLEAN UP ANY 'LEFT OVER' LEUKEMIA CELLS. YOU WILL LIKELY HAVE 1 OR MORE ROUNDS BEFORE YOUR DOCTOR MAY THEN CONSIDER YOUR CHEMOTHERAPY BEING STOPPED.





$$3+7$$



$3+7+FLT3i$

$3+7$

$3+7+GO$

3+7+FLT3i

3+7

CPX

3+7+GO

3+7+FLT3i

CPX

3+7

V-FLAI

3+7+GO

VEN+AZA

+FLT3i

+MENi

AZA+IVO±VEN

3+7+FLT3i

CPX

3+7

V-FLAI

3+7+GO

VEN+AZA

+FLT3i

+MENi

AZA+IVO±VEN

3+7+FLT3i

CPX

V-FLAI

+GO

3+7



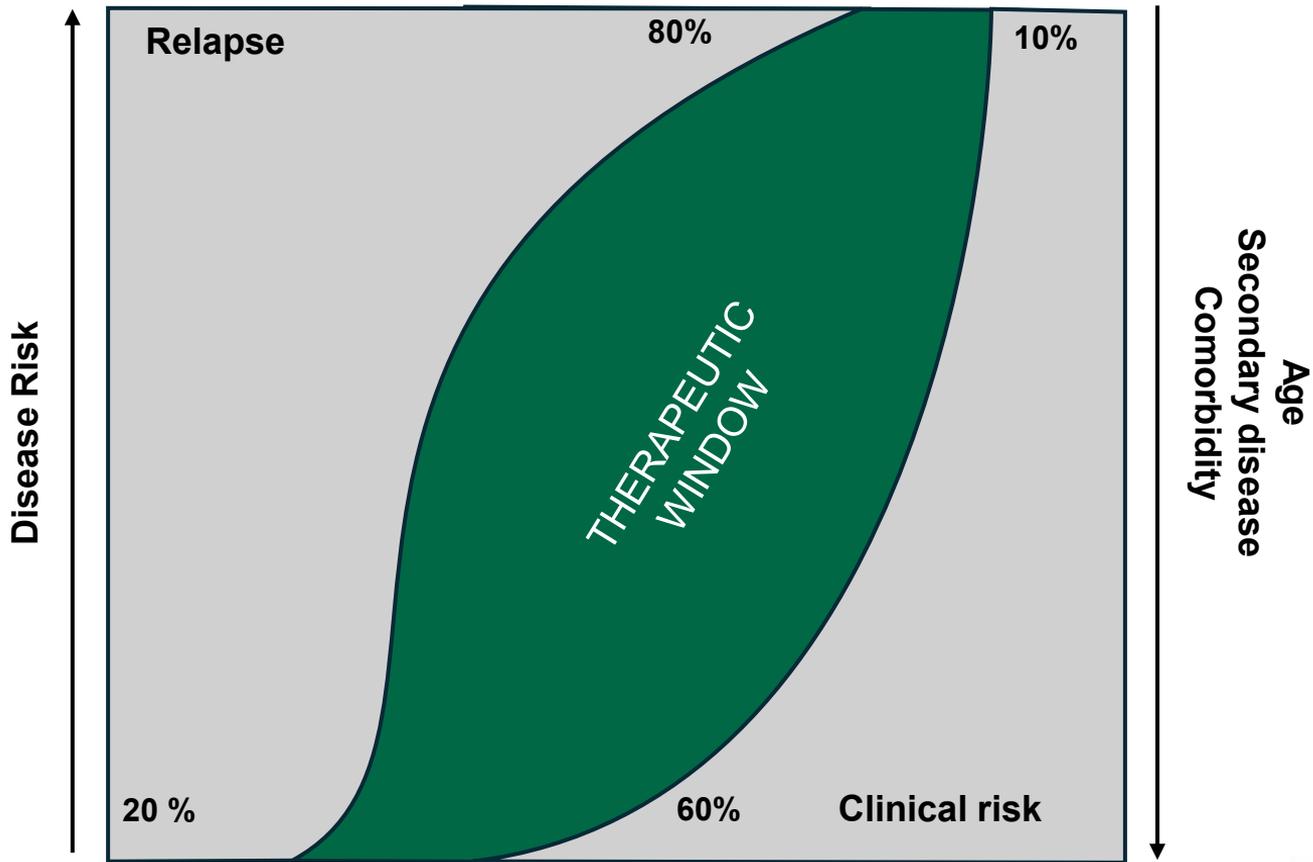
Ph+ ALL as an example



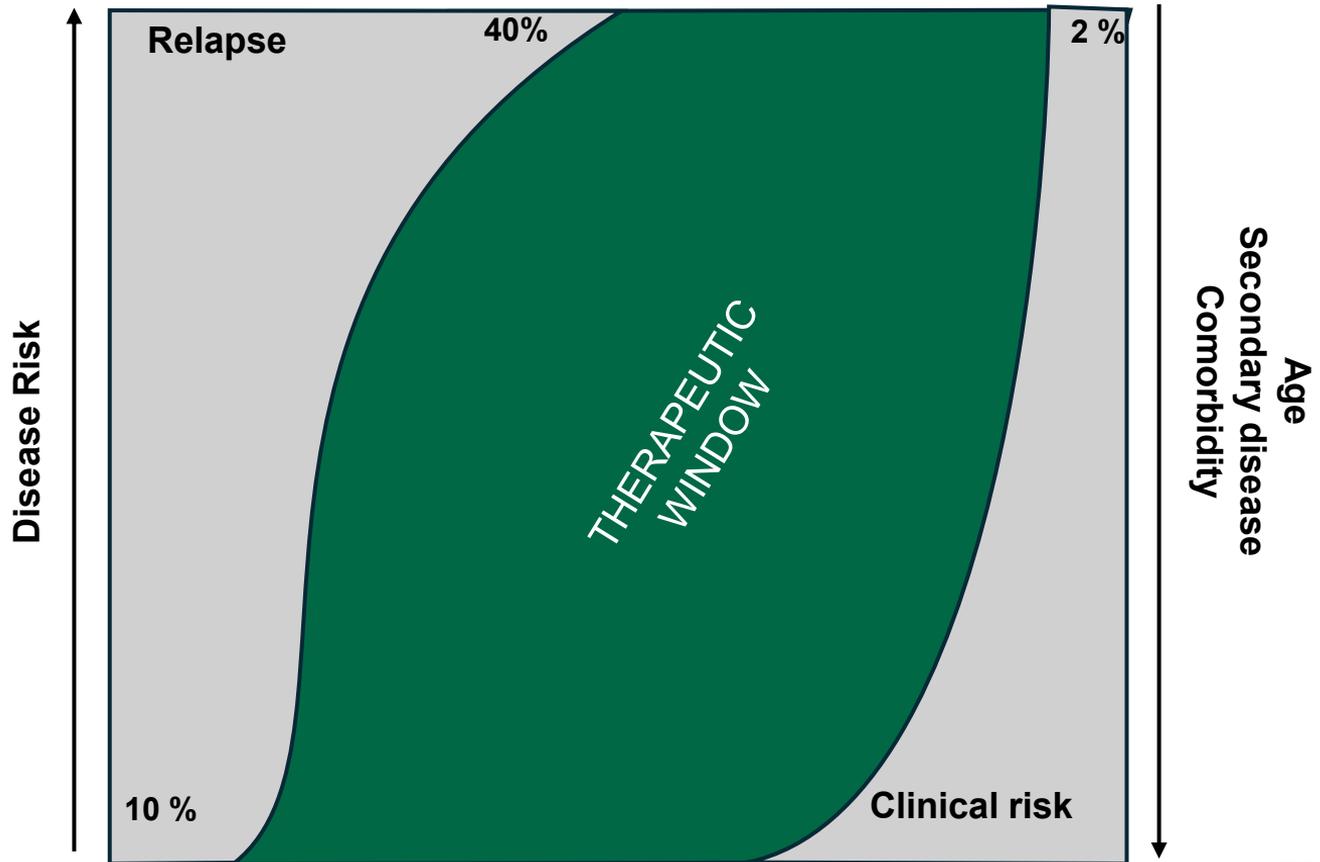
→ TKI

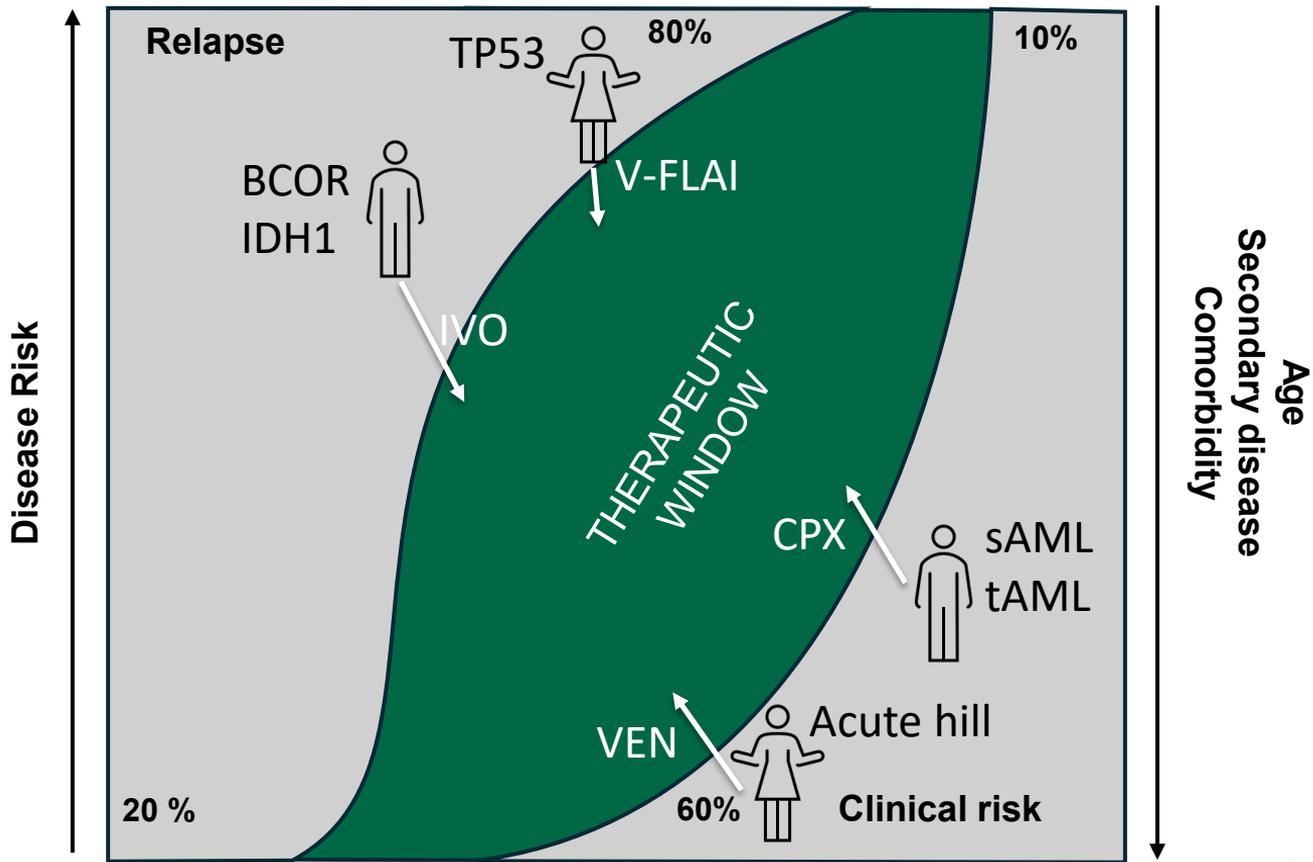


→ Chemo-immunotherapy



**Pona-blina
Vs
Ima-CHT**







Audience Q&A

Access to Leukemia Treatment Options in Low- and Middle-Income Countries

Barriers

- Restricted availability of chemotherapeutic agents,
- Inadequate supportive care (antimicrobials, blood products),
- and high rates of treatment abandonment and early mortality.

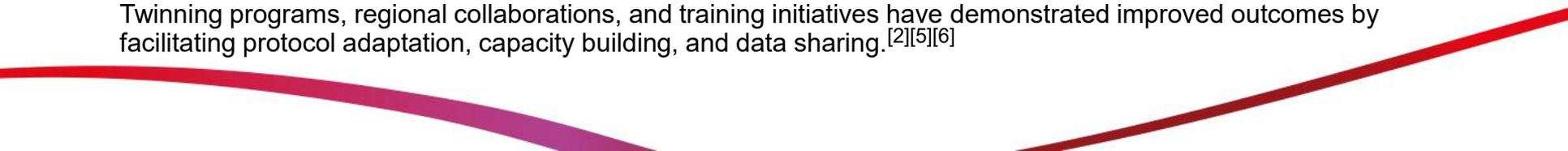
These factors are compounded by financial constraints, lack of trained personnel, and inconsistent drug supply.^{[1][3-4]}

Success Stories & Collaborative Solutions

APL is a model for successful protocol adaptation in LMICs. The use of all-trans retinoic acid (ATRA) combined with anthracycline-based chemotherapy, supported by international networking and standardized guidelines, has led to remission rates and overall survival approaching those in high-income countries (2-year OS ~80%).^{[3][6]}

What helps

Twinning programs, regional collaborations, and training initiatives have demonstrated improved outcomes by facilitating protocol adaptation, capacity building, and data sharing.^{[2][5][6]}



Evidence-Based Approaches for Reducing Treatment Abandonment and Early Death in Leukemia

Comprehensive family support:

Cover treatment, transport, housing, and food to reduce abandonment (e.g., Malawi: 19% → 7%). [1]

Partnerships & twinning programs:

Connect local and international centers for shared training, protocol adaptation, and psychosocial care. [2-3]

Patient navigation & case management:

Dedicated staff to track appointments and provide social support (successful in Côte d'Ivoire, Uganda). [4]

Resource-adapted treatment protocols:

Use risk-based, less intensive regimens to reduce toxicity and deaths. [5-6]

Strengthen supportive care:

Improve infection control, transfusion access, nutrition, and early warning systems (PEWS). [4][6-7]

Prevent treatment delays:

Ensure timely care and adherence to therapy schedules. [2]

Family & community education:

Address misconceptions and alternative medicine influences to improve treatment completion. [4]



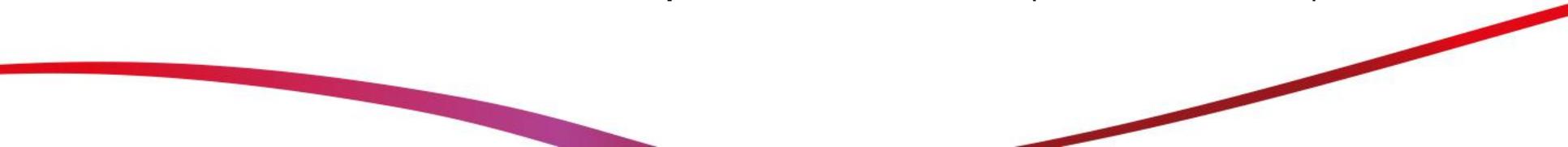
Patient 2 continuation

After several days in intensive care, **John's condition stabilizes** and he is diagnosed with **acute lymphoblastic leukemia (ALL)**, specifically a **PH-like subtype**, showing **CRLF2 overexpression** and a **JAK2 mutation**.

Once he is strong enough, John begins an intensive chemotherapy program (**AIEOP-BFM protocol**) that includes multiple drugs such as **peg-asparaginase** and **high-dose methotrexate**. He completes the first three phases (**induction, reinduction, and consolidation 1**)

At the end of this third course, his medical team reviews the results of a **minimal residual disease (MRD)** test, that turned to be **positive**.

The doctors decide that **a stem cell transplant** should be the next step in John's treatment plan.

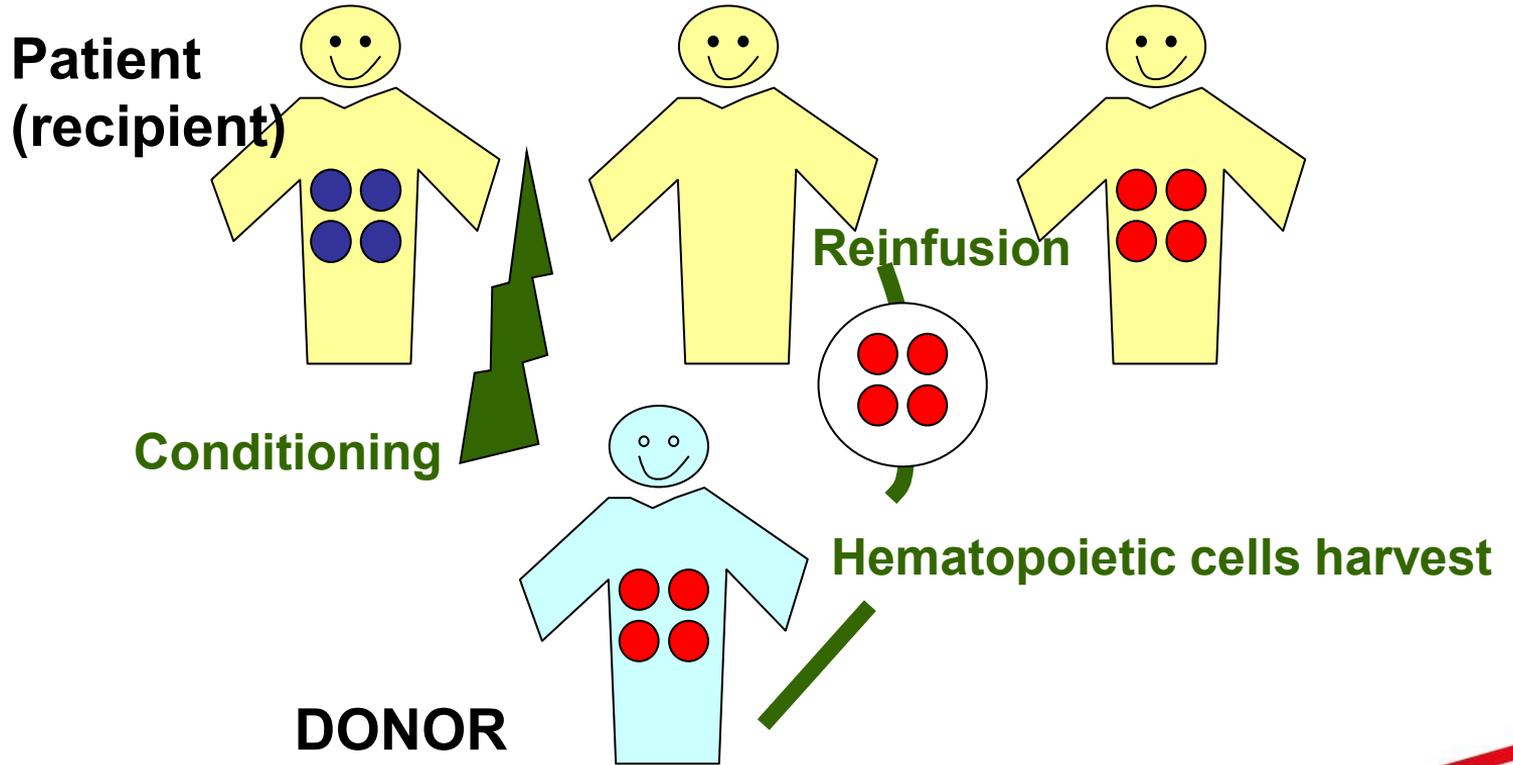




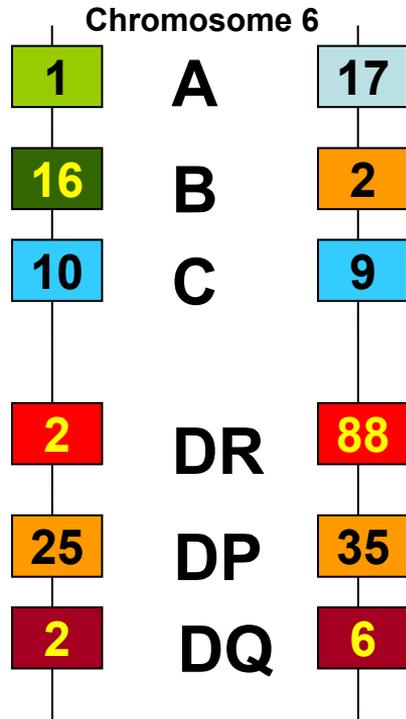
What might be the main reason the medical team recommended a stem cell transplant for John at this point?

STEM CELL TRANSPLANTATION: INDICATIONS, TIMING, AND OUTCOMES

What's allo transplant



Donor compatibility



from father from mother

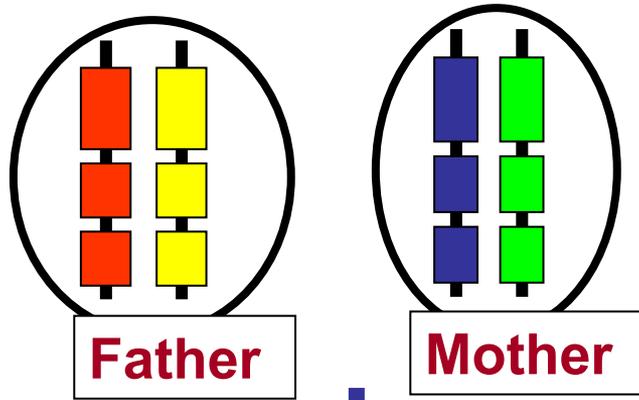
HLA genes

Help determine whether two people are a good **match** for a **stem cell transplant**.

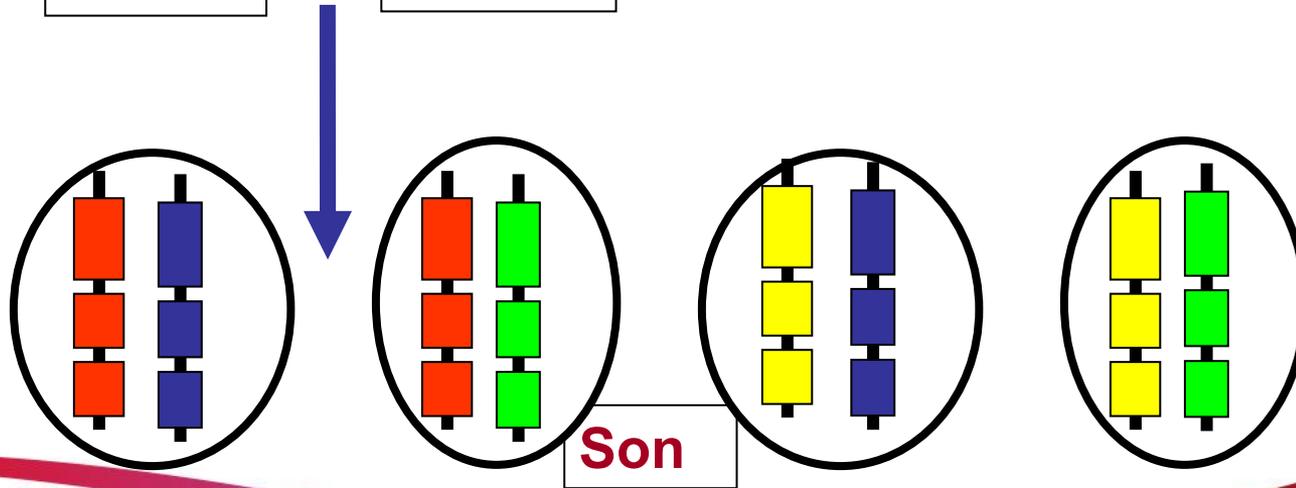
There are **many possible variations** (called *polymorphisms*) in these genes → more than a hundred for each part of the HLA system across the global population.

The **frequency of each variation** depends on a person's **ancestry or ethnic background**.

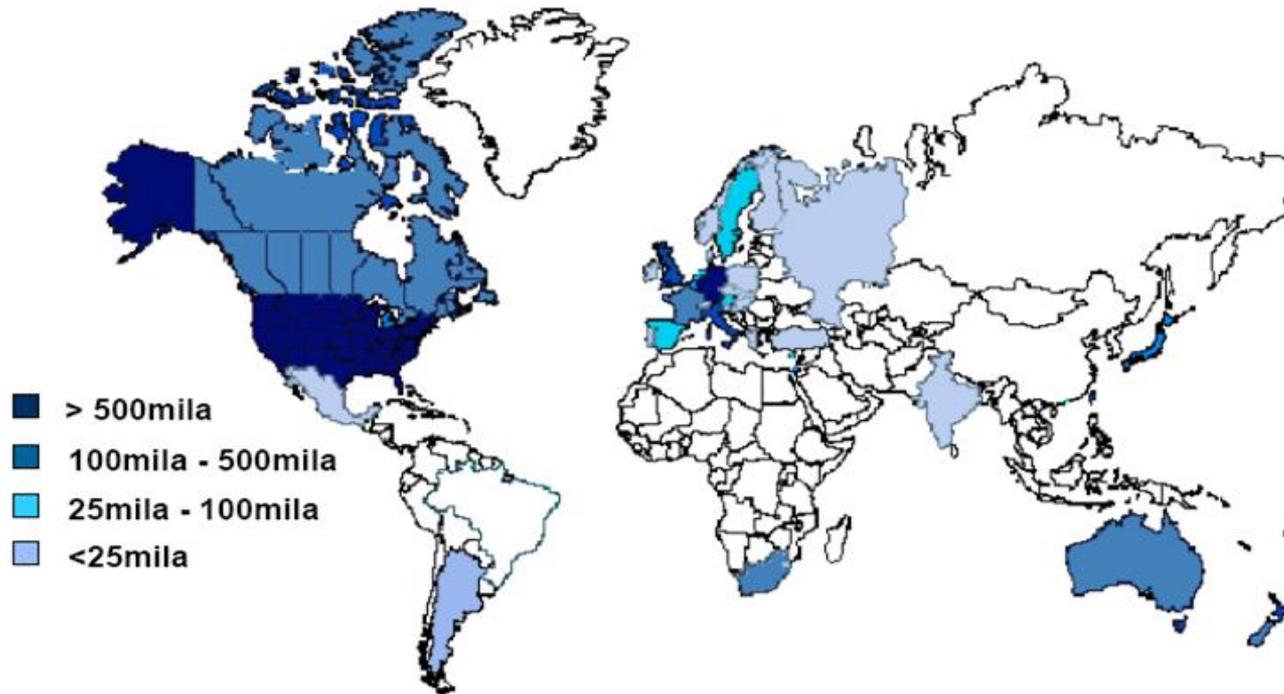
Familiar donor



**25% chance that
your brother or sister
is equal to you, 75%
chance that they're
haploidentical**



Registry/unrelated donor



Dati tratti da BMDW/WMDA

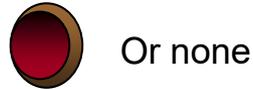
What's the conditioning?

Therapy dose

Tumor

Hematotox

**Transplant
Conditioning**



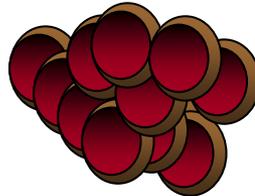
Aplasia

**AML
Induction**



**Severe
Cytopenia**

Lymphoma

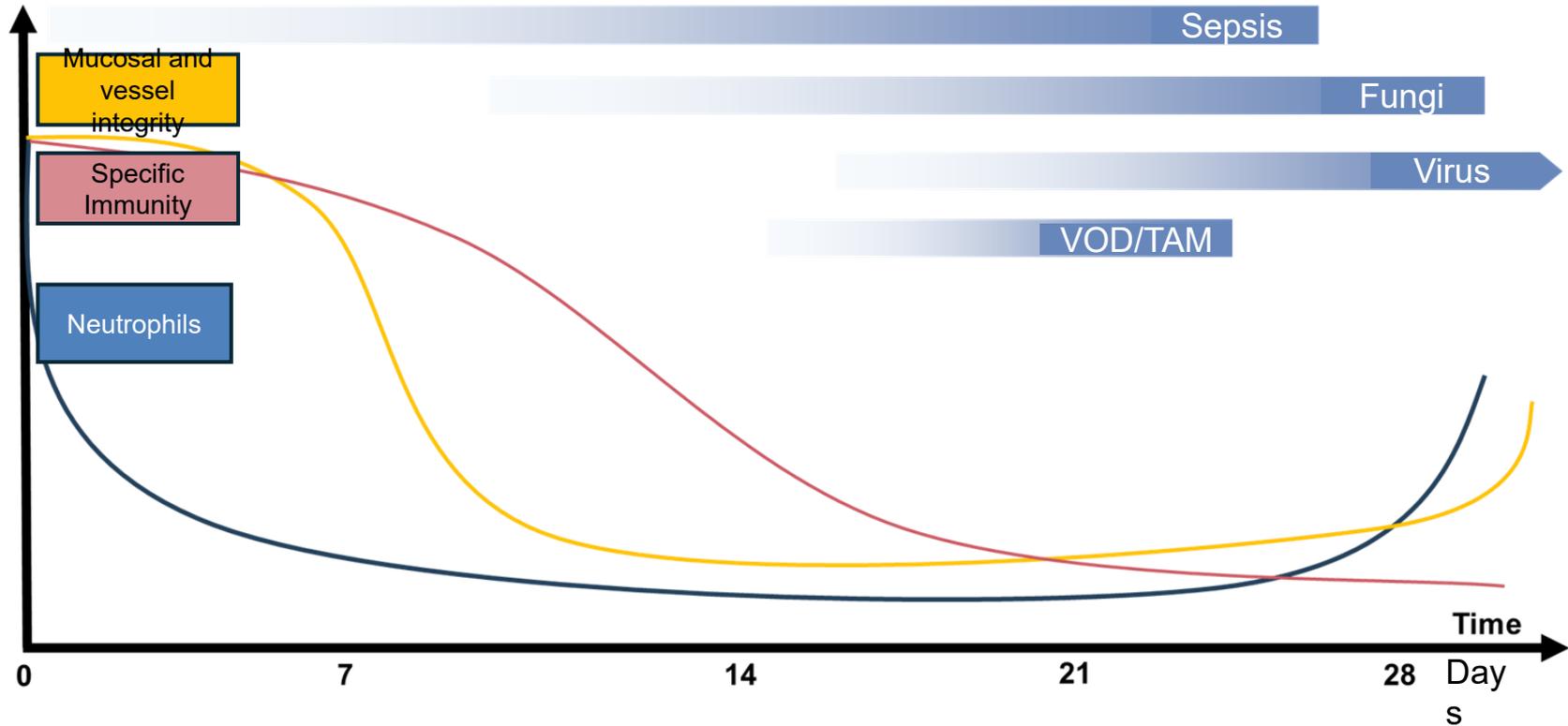


**Mild
Cytopenia**

Thereafter HCT is not a surgical transplant, cells has homing system!



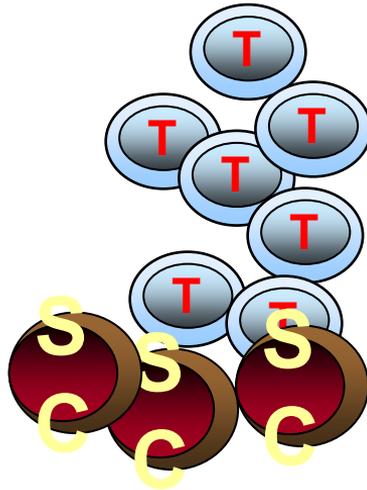
Early complications are due to conditioning



What's the GVHD? (and why HCT heal from leukemia)



BM/PBSC

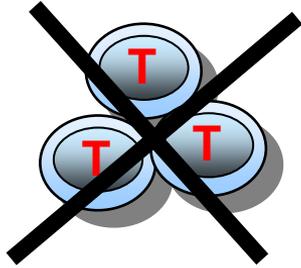


Graft vs host
GVHD



Graft vs leukemia
GVL

IMMUNOSUPPRESSION

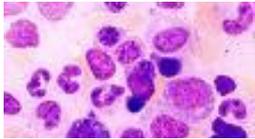


Ciclosporin
Tacrolimus
Mofetil Micofenolate
Monoclonals



Liver Transplant

Last for the entire life



Hematopoietic cell T.

Last 3-9 months

ACUTE GVHD

Skin

Rush

Bowel

diarroeoa

Liver

Bilirubin increase



CHRONIC GVHD

Suspected Atypical Chronic GVHD Organs and Manifestations

CNS Cognitive Deficits, Meningoencephalitis, Demyelinating diseases, CNS vasculitis*

PNS Neuropathy, Myasthenia gravis

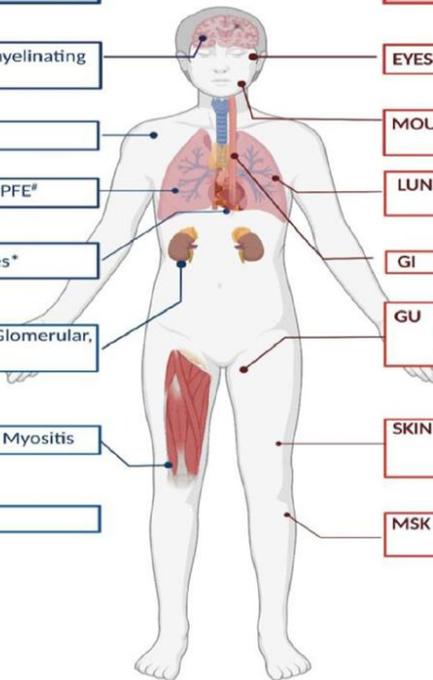
LUNGS COP[†], Non-specific Interstitial Pneumonia[†], PPF[†]

SEROSITIS Pericardial effusion*, Pleural effusion*, Ascites*

RENAL Proteinuria*, Nephrotic Syndrome*, Tubular, Glomerular, or Interstitial disease*, Vascular disease*

MSK Edema, Muscle cramps, Arthralgia, Arthritis, Myositis

IMMUNE MEDIATED CYTOPENIAS AIHA, ITP, AIN



NIH Defined Chronic GVHD Target Organs and Manifestations

EYES Dry eyes, Keratoconjunctivitis Sicca, Punctate Keratopathy

MOUTH Lichen Planus-Like Features
Ulcers, Xerostomia

LUNGS Bronchiolitis Obliterans or Bronchiolitis Obliterans Syndrome

GI Esophageal web, stricture or stenosis

GU Lichen Planus or Lichen Sclerosus-Like Features
Females: Vaginal Scarring or Clitoral/Labial Agglutination
Males: Phimosis or Urethral/Meatus Scarring or Stenosis

SKIN Poikiloderma, Sclerotic Features, Lichen-Planus, Morphea, or Lichen-Sclerosus-like Features
Depigmentation, Papulosquamous Lesions

MSK Fasciitis, Joint Stiffness, or Contractures due to fasciitis or sclerosis



POTENTIAL
SIDE EFFECTS
OF TREATMENT

LOSS
OF FERTILITY

SOME DRUGS CAN CAUSE LONG TERM OR TEMPORARY INFERTILITY IN PATIENTS. ASK YOUR MEDICAL TEAM ABOUT FREEZING SPERM OR EGGS PRIOR TO TREATMENT. IT IS IMPORTANT THAT YOU CONSIDER YOUR OPTIONS.

FATIGUE

FATIGUE IS MORE COMMON DURING TREATMENT BUT CAN HAVE AN EFFECT AFTER TREATMENT. IT CAN TAKE A WHILE TO FEEL BACK TO 'NORMAL'. OFTEN, THE BEST THING TO DO IS MOVE LITTLE AND OFTEN.

DAMAGE
TO HEART

SOME DRUGS USED MAY AFFECT YOUR HEART, THIS IS RARE. YOUR MEDICAL TEAMS WILL CLOSELY MONITOR YOUR HEART FUNCTION DURING AND AFTER TREATMENT.





Audience Q&A

WHAT'S AHEAD: CELLULAR THERAPIES, PROMISING DRUGS AND CLINICAL TRIALS TO WATCH



But one question obsessed him: did his medical treatments work? Too often, he wrote, **“I had no idea whether I was doing more harm than good.”**

In his prisoner of war camp Cochrane was haunted by the fear that he had “shortened the lives of some of my friends”.

C. Craddock on A. Cochrane, the Economist

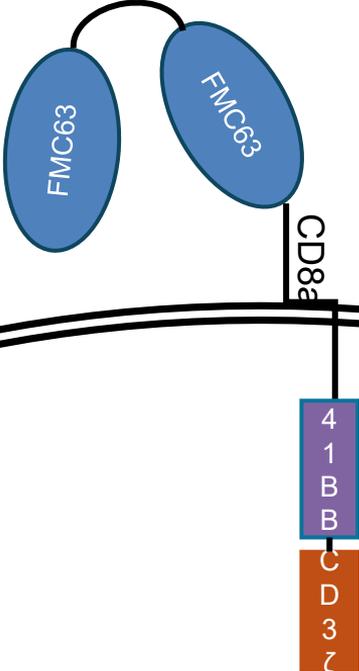


What's a CAR-T

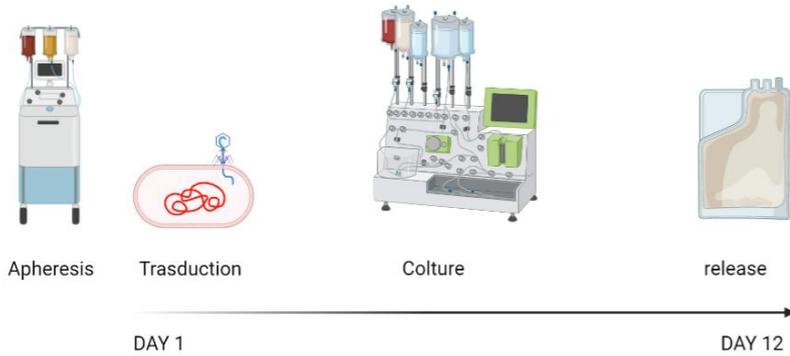
VECTO
R

FMC63 – CD8a – 41BB – CD3ζ

CONSTRUCTS



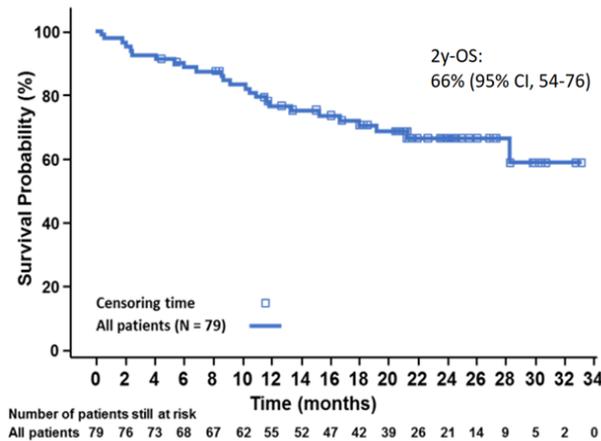
How we do a CAR-T



Long-term outcome after CD19 CAR-T in R/R B-ALL

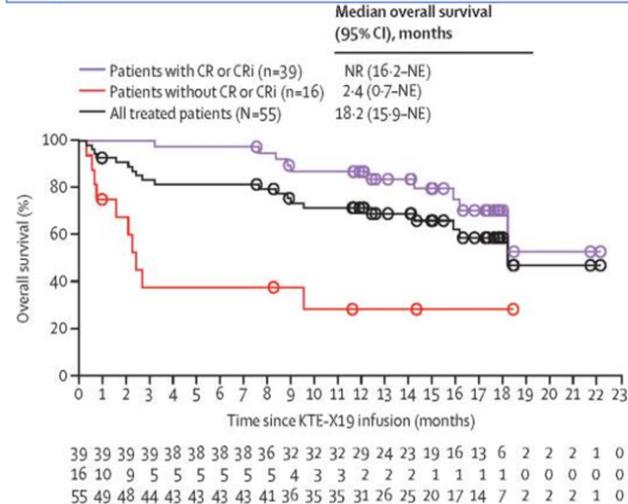
ELIANA study¹

Tisagenlecleucel, Kymria, Novartis
 2nd relapse, 1st relapse after allo-HSCT
 3-21 years
 CD19/4-1BB/CD3z



ZUMA-3 study²

Brexucabtagene autoleucel, Tecartus®, Gilead)
 R/R B-ALL
 18 years+
 CD19/CD28/CD3z



1. Maude SL, *N Engl J Med.* 2018 Feb 1;378(5):439-448 + Grupp S, *ASH* 2018
2. Shah B, et al. *Lancet.* 2021 Jun 3;S0140-6736(21)01222-8

Safety of CAR-T

	ELIANA¹ N=79	CIBMTR² N=255	APHP³ N=51
CRS grade, N(%)			
- any grade	51 (77.2%)	140 (54.9%)	30 (59%)
- grade ≥3	38 (48.1%)	41 (16.1%)	10 (20%)
Time to CRS, median (range)	7(2-20)	6 (1-27)	4.5 days (0-10)
Neurotox grade, N(%)			
- any grade	31 (39.2%)	69 (27.1%)	12 (24%)
- grade ≥3	10 (12.7%)	23 (9%)	4 (8%)
Time to neurotox, median (range)	8 (2-489)	7 (1-80)	7 (4-65)

- **Probable contributions: learning curve + difference in patient profiles**
- **No difference in real-world study between patients <18y and 18y+**

1. Maude SL, *N Engl J Med*. 2018 Feb 1;378(5):439-448

2. Pasquini MC et al. *Blood Adv*. 2020 Nov 10;4(21):5414-5424

3. Adapted from Dourthe ME, et al., *Leukemia*. 2021 Dec;35(12):3383-3393.



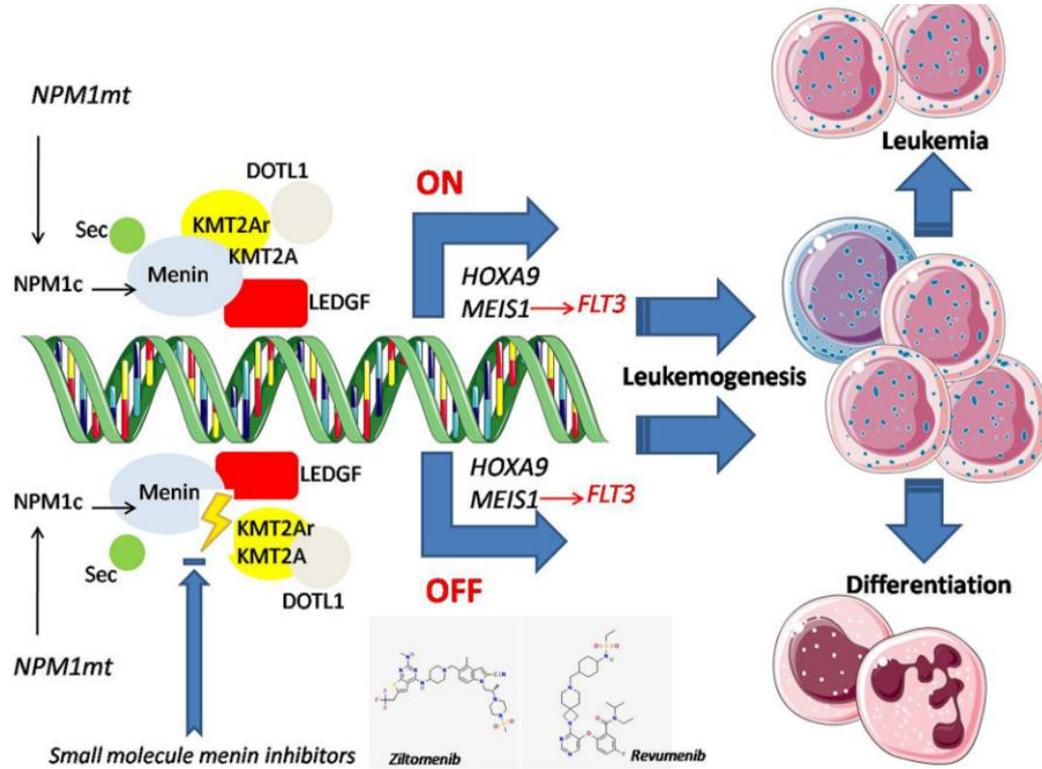
Recently, I saw a patient who drove six hours to consult with me. He was a former boxer, a light heavyweight, and had a leukemia that refused to be knocked out by a few rounds of chemotherapy.

I asked my patient if he was sure he wanted to pursue another treatment for his leukemia, given the vanishingly low chance that it would work.

“Nah doc, I’m not ready to throw in the towel yet. I’m still tough as nails!”

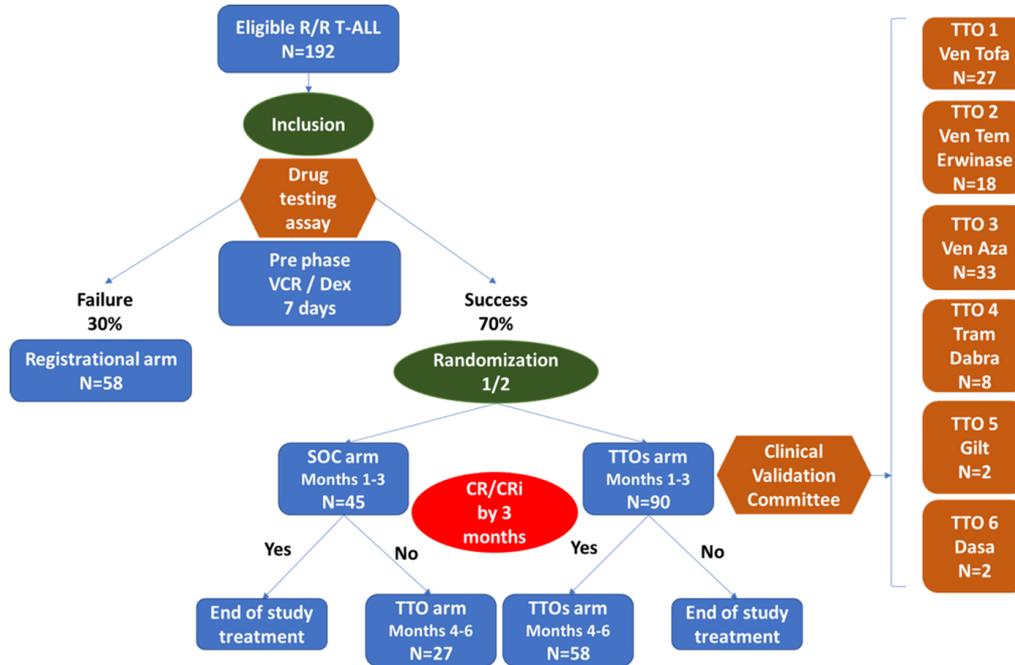
M. Seekeres, Washington Post

How menin inhibitors works



	Revumenib KMT2A (Issa, JCO 2024)	Revumenib NPM1 (Arellano, Blood 2025)	Ziftomenib KMT2A (Wang, Lancet 2024)	Ziftomenib NPM1 (Wang, Lancet 2024)	Bleximenib KMT2A, NPM1 + NUP98 (Searle, ASH 2024)	Enzomenib KMT2A (Zeidner ASH 2024)	Enzomenib NPM1 (Zeidner ASH 2024)	BN104 KMT2Ar, NPM1 + NUP98 (Wu, ASH 2024)
Number of patients	97	84	28	39	142 (83 KMT2A, 58 NPM1)	41	23	20
Prior Lines	2	2	3	3	2	3		3
Prior Venetoclax	72%	75%	71%	69%	NR	80%		100%
Prior HSCT	46%	?	43%	31%	36%	29%		20%
ORR	63%	47%	17%	45%	48%	65%	59%	88.9%
CR	17.50%		0%	35%				
CR/CRh	22%	23%	11%	35%	33%	30%	47%	33.3%
CRc	44%		17%	40%	38%			
MRD negativity	58% of CRc	?	100% of CR/CRh (2)	63% of CR/CRh				
TTR (mo)	0.9 (1.87 to CRh)	?	?	1.7	1.4	1	1.9	
DOR (mo)	4.3 (6.4 CR/CRh)	4.7 (CR/CRh)	2.1 (CR/CRh)	7.7	6	NR	7	?
Bridged to HSCT	33% (of responders)	16%	?	15%	14%	34%	12%	22.2%
OS (mo)	8		5.4	5.6				
DS	27%	?	39%	20%	19%	11%		10%
QTc	29%	?	0%	0%	NR	1%		10%
Thrombocytopenia	23%	?	11%	20%	10%	21%		?
Febrile Neutropenia	40%	?	27%	22%	3%	23%		15%

EWALL-TARGET « pragmatic » trial



Investigational agent / approach Reference

Subcutaneous blinatumomab (SC)	EHA 2025, Jabbour et al., Abstract S112.
Obecabtagene autoleucel (obe-cel, anti-CD19 CAR-T)	EHA 2025, Shah et al., FELIX post-hoc, Abstract S114.
Tuspetinib + venetoclax + azacitidine (TUSCANY)	EHA 2025, Mannis et al., Abstract S139.
Decitabine + venetoclax + quizartinib (triplet, FLT3-ITD AML)	EHA 2025, Yilmaz et al., Abstract S142.
Modular/adaptor CAR-T targeting CD33 (AML)	EHA 2025, Joechner et al., Abstract S126.
Oral decitabine/cedazuridine (DEC-C) + venetoclax (ASCERTAIN-V)	EHA 2025, Roboz et al., Abstract S135.
RVU120 (CDK8/19 inhibitor) + venetoclax (RIVER-81)	EHA 2025, de la Fuente et al., Abstract PS1509.
Pivekimab sunirine (PVEK, anti-CD123 ADC) in BPDCN (CADENZA)	EHA 2025, Pemmaraju et al., Abstract S141.
Bexmarilimab (anti-Clever-1) + azacitidine in MDS (BEXMAB)	EHA 2025, Kontro et al., Abstract S178.
Lenzilumab + azacitidine in proliferative CMML	EHA 2025, Thomas et al., Abstract S179.
Trem-cel (CD33-deleted HSC transplant) + GO maintenance	EHA 2025, Koehne et al., Abstract S144; ClinicalTrials.gov NCT04849910; linked to VCAR33 NCT05984199.
Oral DEC-C + VEN + ivosidenib/enasidenib (IDH1/2)	EHA 2025, Marvin-Peek et al., Abstract PS1471.



Rethinking Research in Leukemia – Who Gets Access, and How?

AI & DATA SCIENCE: SHAPING THE FUTURE OF LEUKEMIA RESEARCH

Artificial intelligence - ChatGPT



Prompt:
“make a picture that
represent the potential impact
of AI on medicine”



Result

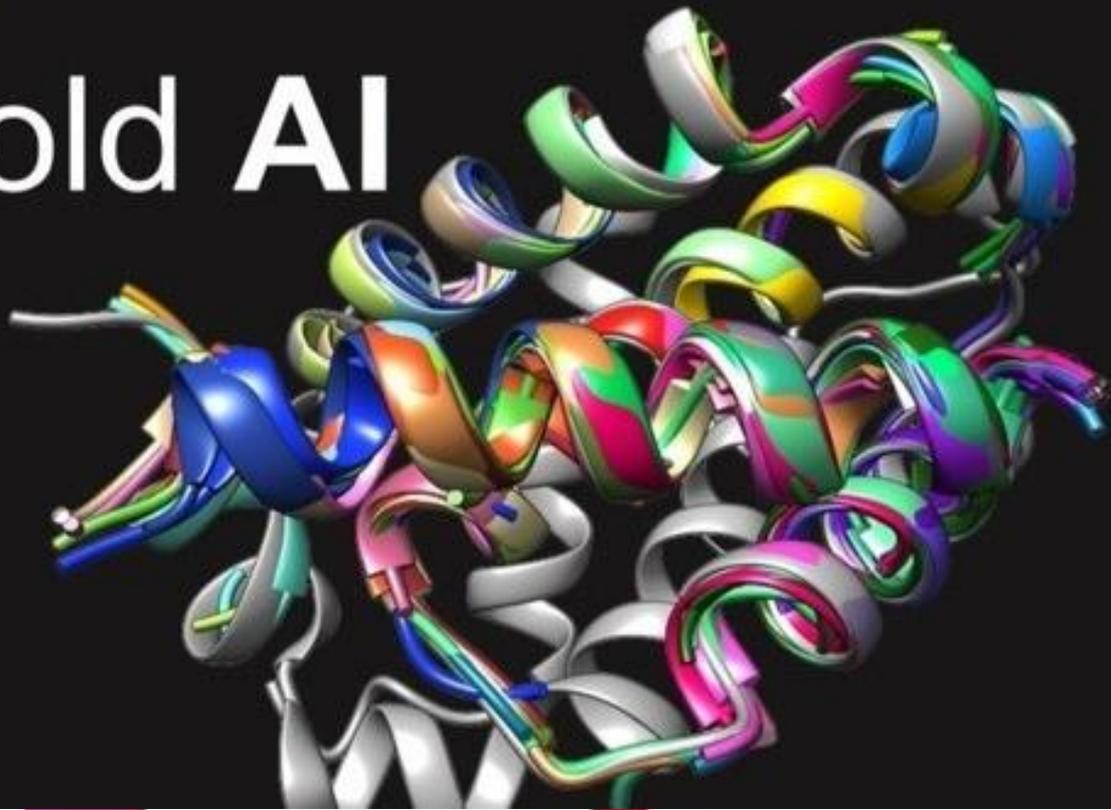
ChatGPT provided a landmark-
level, good looking, semi-original
solution in 1 minute.

Can be useful for easy and
repetitive task.

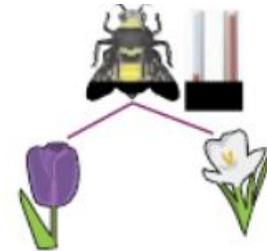
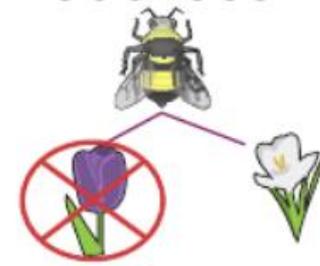
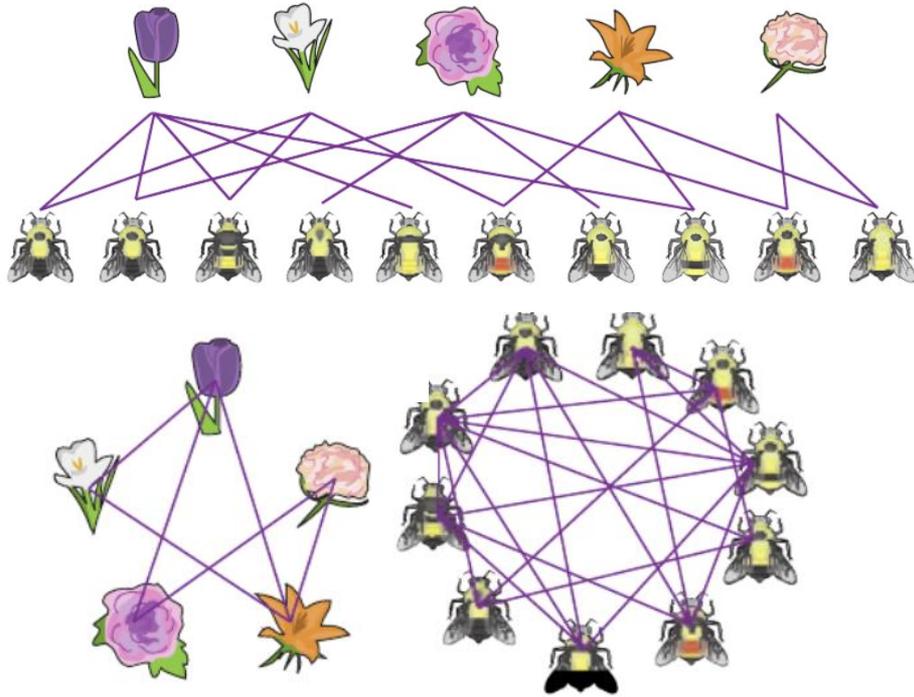


DeepMind

AlphaFold AI



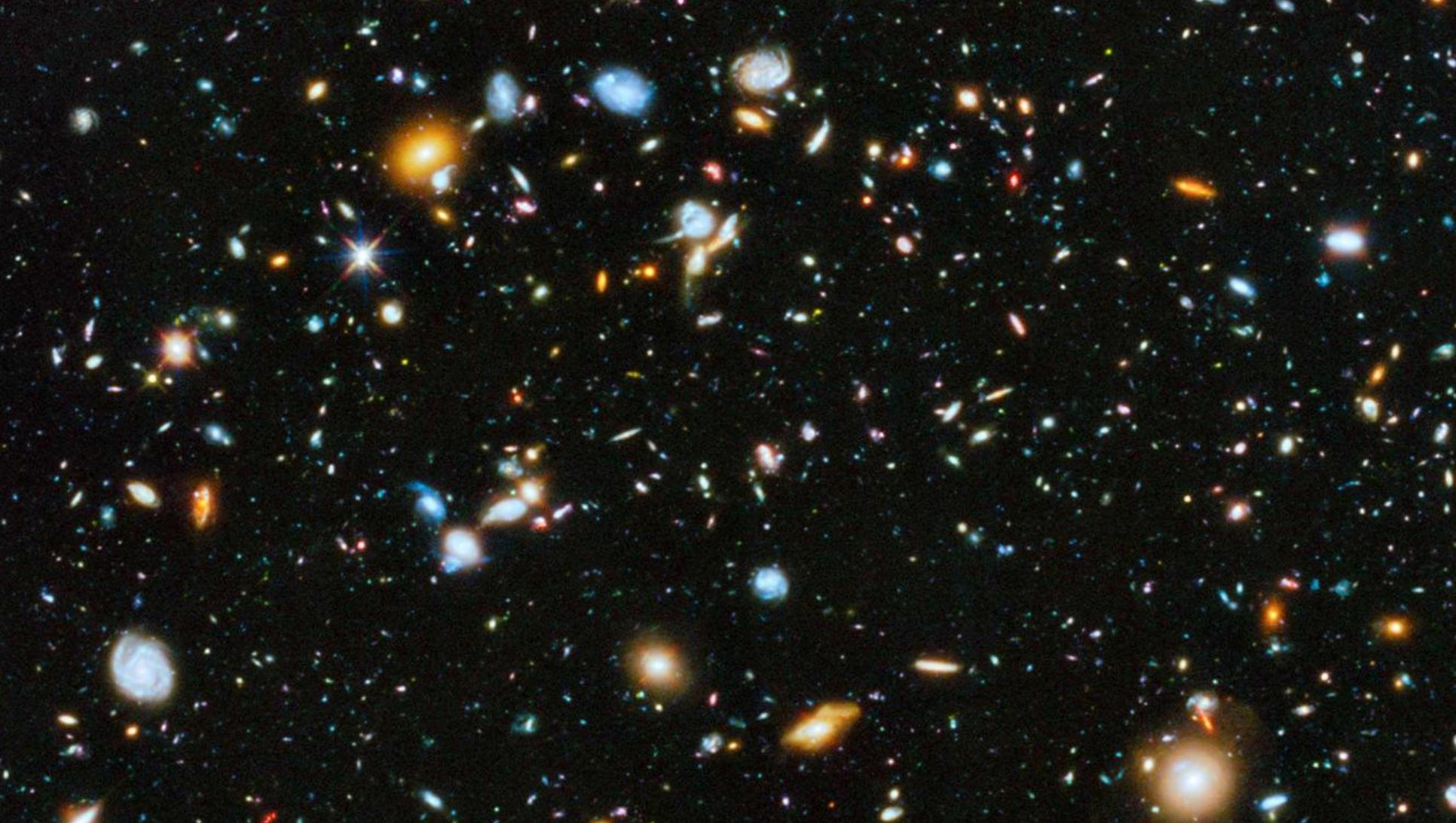
Network medicine







Artificial Intelligence: Promise, Limits, and Human Connection



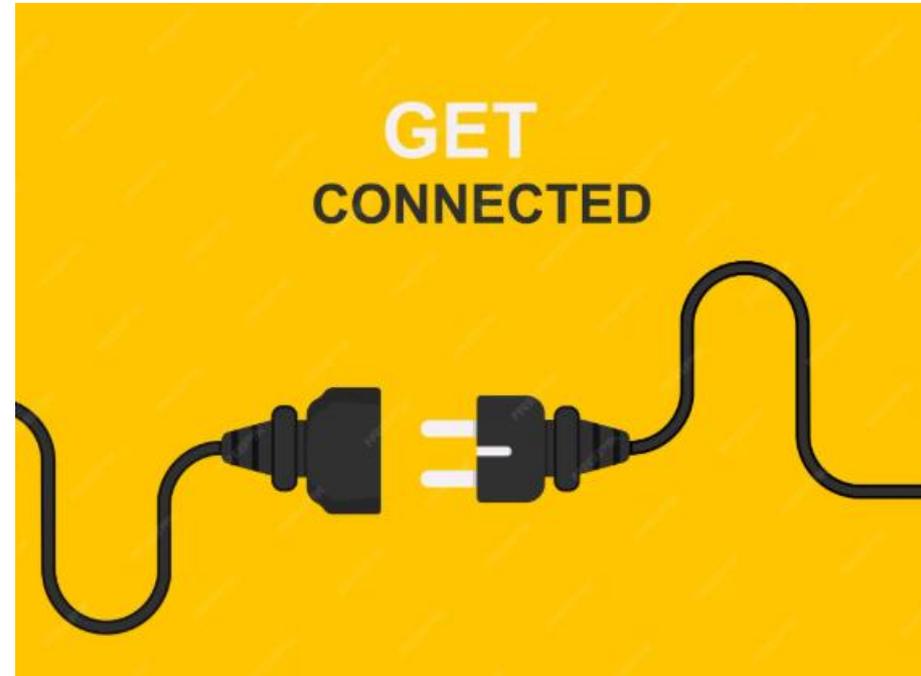
BREAK – BE BACK AT 4.30 PM !

Reconnect with your buddy

- **Dream board:** write on post-it(s) and put it/them on the wall

What is your biggest dream to drive change in advocacy?

- Take a picture with your buddy and post in **#ALANSummitpics**



TRANSITION TOWARD ADVOCACY: FROM EXPERIENCE TO ACTION



BUILDING AND ADVANCING THE PATIENT ASSOCIATION

From Concept to Influence

Chulhwan Lee, Founder / Secretary General

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JOURNEY**

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PATIENT GROUP**

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- Legal Incorporation
- Vision and Mission
- Major Programs
- Finance and Structure

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FUTURE DIRECTIONS

- Expansion
- Strengthening
- Building Staff Capacity

ABOUT THE SPEAKER



The journey of Chulhwan Lee, founder of KBDCA, **began in 1993 with a diagnosis of Acute Myeloid Leukemia (AML).**

After achieving remission through extensive treatment, including multiple rounds of chemotherapy and a resection for a severe lung infection, **his personal battle revealed the critical lack of organized patient support.**

His personal experience as a Leukemia patient motivated him to **establish the KBDCA in 2003.**

The organization has since become a major driving force in patient aid, **allocating over US\$78 million per year** toward supporting those with blood disease and cancer.

Personal Journey

DIAGNOSIS AND TREATMENT



AML Diagnosis *(Sep 1993)*

- Frequent Colds, Night Sweats, Fatigue, Shortness of Breath, Red Spots on calf

Chemotherapy *(Sep 1993 - Mar 1994)*

- 1st Chemo: Remission Failure
- 2nd Chemo: Partial Remission
- 3rd Chemo: Complete Remission

AUTO-HSCT PREPARATION AND LUNG SURGERY



Preparation for Auto-HSCT *(May 1994 - Feb 1995)*

- 4th Chemo with 1st Stem cell harvest
- 5th Chemo with 2nd Stem cell harvest
- 6th Chemo (Maintenance)
- 7th Chemo (Maintenance)

Lung Surgery *(Jun 1995) -*

Resection for Fungal Infection

Auto-HSCT Postponed *(Aug 1995 - Present)*

- Transplant postponed after bone marrow test
- Heavy costs for transplant preparation

Treatment Journey

MEMORIES OF TREATMENT



◀ **During Treatment**
(with the late Mr. Park,
cofounder of an earlier
Patient Support Group)

◀ **In-Hospital Treatment**



▲ **Family Photo**
(Family Trip after Chemotherapy)

01

PERSONAL JOURNEY

- About the Speaker
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Forming the Patient Advocacy Group

MOTIVATION AND ACTION

Motivation

- Patients and families face secondary burdens: lack of **information, social isolation**, and **gaps in the medical system**
- Personal Motivation derived from the **fear of relapse**
- **Persistent persuasion** from Mr. Park, a fellow patient (later co-founder)

Patient Advocacy Group

A non-profit organization of patients, families, clinicians, and advocates, dedicated to **information sharing, patient rights advocacy, policy improvement, and public awareness**

Forming the Patient Advocacy Group

KEY FUNCTIONS

Information

- Treatment
- Hospitals
- Medication

Awareness

- Campaign
- Media
- Education

Advocacy

- Requests for Policy
- Change to the Government

Emotional Support

- Counseling
- Peer Group
- Patient-Family Camp

Economic Support

- Treatment Cost
- Living Expenditure

Forming the Patient Advocacy Group

LEUKEMIA PATIENT GROUP



Founded

December 1995

Name

Saebit Nurihoe - Group of People Overcoming Leukemia

Members

- Co-founders (3 persons)
- Working group (Full-time patient volunteers)
- Support group (Families, Medical advisors, Donor families)

Office

Temporary Office in a suburb → Later in Seoul



Forming the Patient Advocacy Group

CO-FOUNDERS



Dongha Park

(in memory)

(AML / Allo-HSCT)

- Emphasized the Need to Form a Patient Group
- Advocacy Activities
- Fundraising



Chulhwan Lee

(AML / Chemotherapy)

- Administrative Tasks
- Volunteer Management
- Communication with the HCPs



Junggook Seo

(in memory)

(ALL/ Auto-HSCT)

- Provided Office Space
- Financial Contribution
- Emotional Support

Operating the Patient Group

KEY ELEMENTS

PROGRAM

Reflect patient and family needs

- Regular patient meetings
- Programs with clinicians
- Advocacy for insurance coverage
(Medication, transplants, etc.)
- Public awareness campaigns
- Bone marrow and blood donation campaigns



KEY ELEMENTS

HUMAN RESOURCES



Minimize full-time staff, maximize volunteers.

1. Full-time Staffs

- Accounting Management
- Accounting

2. Patient Volunteers **Teams Organized per Program*

- Medical Seminars
- Blood Donor-Patient Matching Program
- Member Management
- Outdoor Programs (Hiking Club, Cultural Trips, Bone - Marrow Donation Campaign)
- Counseling (Phone, In-person)

Operating the Patient Group

KEY ELEMENTS

FINANCE

Efficient Management

- Full-time staffs (Unpaid for 1 year)
- Donation (Patient Families)
- Support from Clinicians (Pharma companies)
- Support from organizations (Fundraising groups)
- Special Donations

Operating the Patient Group

CHALLENGES & SOLUTIONS



Operating the Patient Group

VALUES



Operating the Patient Group

WORKING WITH MEDICAL PROFESSIONALS

Building Trust

- Authenticity
- Tangible Results
 - Continuity
- Humility (Behind the scene)



MAINTAINING
GOOD
RELATIONSHIPS WITH
HCPS

Outcomes

- Support from Pharma companies
- Patient and Family Participation
- Enhanced Social Credibility
- Financial Stability

Operating the Patient Group

MAJOR ACTIVITIES



Patient Family Class



Hiking Club



Cultural Trips



Volunteer Recruitment



Donor Matching



Blood Donation Card



Bone Marrow Donation Campaign



Blood Donor-Patient Matching Program



Awareness Campaign

Programs with HCPs

Public Awareness

01

PERSONAL JOURNEY

- About the Speaker
- AML Treatment Journey

02

FORMING THE PATIENT GROUP

- Patient Group Formation
- Operation and Activities

03

GROWTH & KEY ACHIEVEMENTS

- Legal Incorporation
- Vision and Mission
- Major Programs
- Finance and Structure

04

FUTURE DIRECTIONS

- Expansion
- Strengthening
- Building Staff Capacity

The Launch of KBDCA

PHASES

Birth



Patient self-help group

Dec 1995 - Dec 2002

Growth



Incorporation &
Organizational Development

2003 - 2012

Maturity



Enhanced Programs & Services

2013 - 2025



VISION & MISSION

Vision

**BUILDING A SUSTAINABLE AND
SOUND PARADIGM OF PATIENT SUPPORT**

Mission



Provide Treatment
Information



Better Treatment
Environment



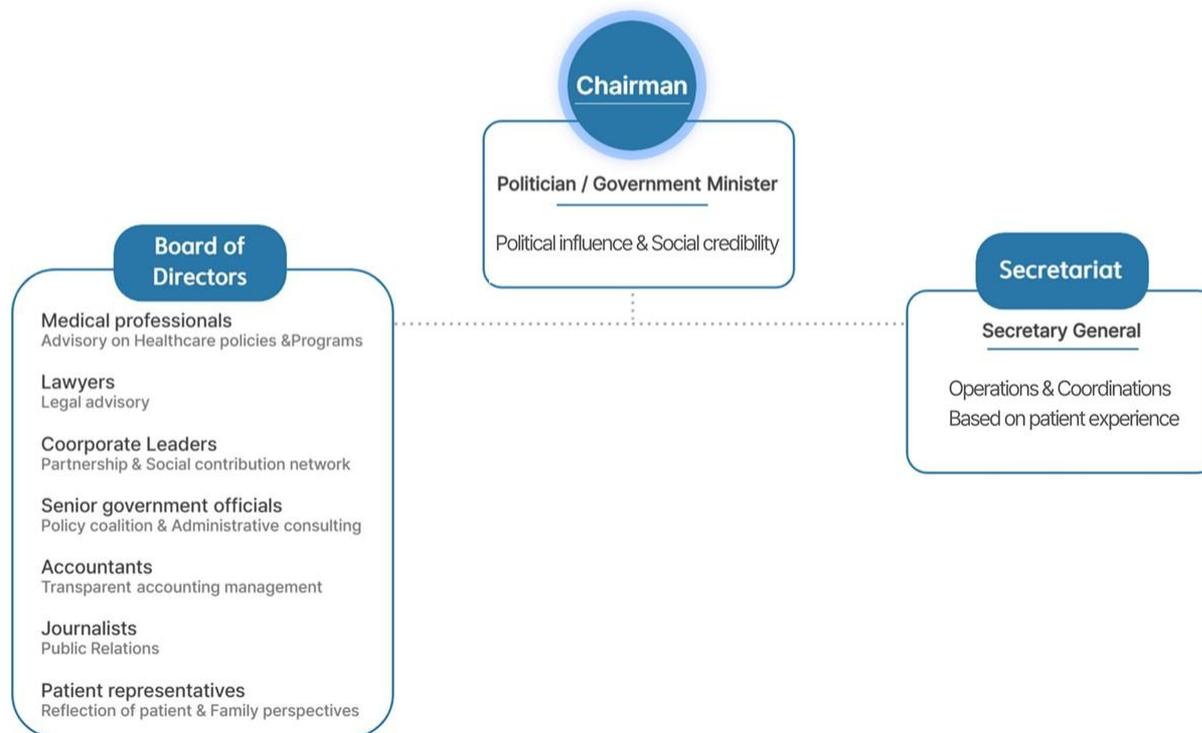
Inspire Patients' will to
Fight Illness



Raise Public Awareness

Governance

Pursuing Publicity, Reliability, Sustainability, and Operational Efficiency



FINANCE & STRUCTURE

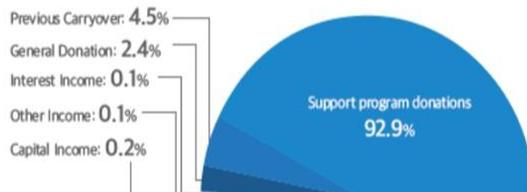
Finance (2024)

Total income

USD 78,512,000

(1 USD = 1,400 KRW)

USD

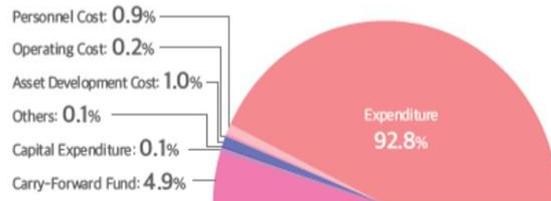


Total expenditure

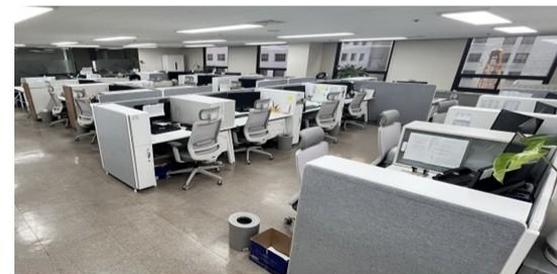
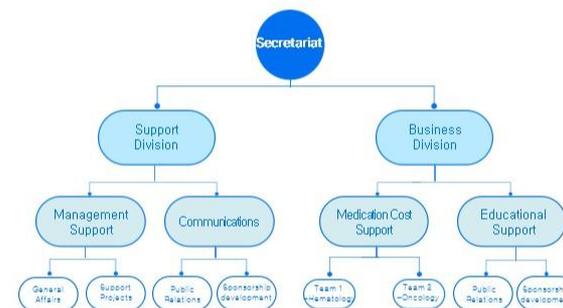
USD 78,512,000

(1 USD = 1,400 KRW)

USD



Structure (28 Staffs)



Key Activities

MAJOR PROGRAMS (FINANCIAL AID)

Treatment Support



USD 107K - 179K / yr

Medication Cost Support



USD 71M - 86M / yr

Blood Donation Card Support



USD 29K - 36K / yr

Key Activities

MAJOR PROGRAMS (EDUCATION)

Lectures by the advisory medical team on the latest medical and clinical information.

Offline

Medical Mentoring



- Medical Lecture
- Individual Counseling
- Patient Mentoring

Hope Solution (KBDCA)



- Medical Lecture
- Open Counseling
- Networking

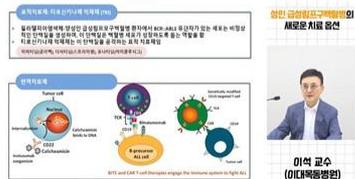
Open Lecture (Venue)



- Medical Lecture
- Open Counseling
- Networking

Online

Webinar



- Medical Lecture(Pre-recorded)

Talk Concert



- Panel Discussion

Phone Seminar



- YouTube Livestreams
- Phone Counseling

Key Activities

MAJOR PROGRAMS (PATIENT SUPPORT)

Supplies



Cosmetic wigs



Infection Control



BMT Kits("Relief Box")

Health Products



Body Care Products



Sanitizers



Protein Drinks

Support Programs



Rice of Love



Books



Clinical Trial Info

Key Activities

MAJOR PROGRAMS (EMOTIONAL SUPPORT 1)

Cultural Performances



Classical Music Event
("Going on Concert")



Music Performance



Orchestral Performance

Outdoor Programs



Hope Hiking Club



Wellness Picnic



Overnight Camp

Support Programs



Patient Networking



Cooking Class



Mental Health Program

Key Activities

MAJOR PROGRAMS (EMOTIONAL SUPPORT 2)

Seasonal Newsletter



Medical Updates & Patient Stories

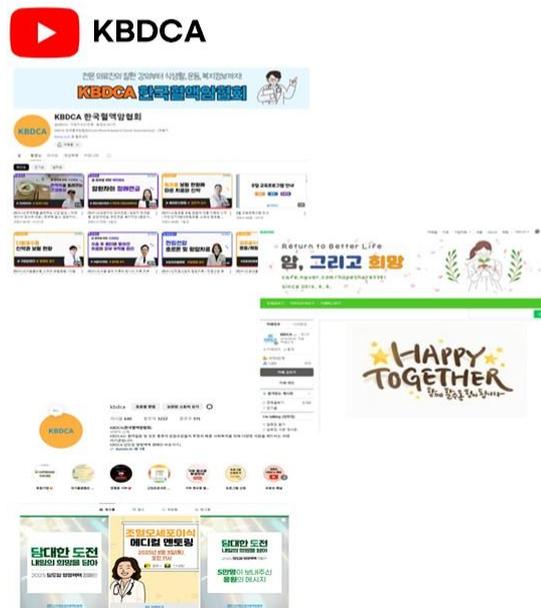
Disease Guidebook



Key Concepts & Treatments

Online Program

(YouTube, Patient community, Instagram)



Key Activities

MAJOR PROGRAMS (RESEARCH, ADVOCACY)

Patient Survey



Advocacy

(National Assembly Forum, Press Conference)



International Exchange & Networking



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FUTURE DIRECTIONS

- Expansion
- Strengthening
- Building Staff Capacity

Future Direction

Expansion



- Expansion of Lecture Halls
- Support for Bone Marrow Donation
- Financial Assistance Programs

Strengthening Advocacy Activities



- Conducting Academic Research
- Developing New Policies
- Expanding Insurance Coverage
- Improving Treatment Environment

Building Staff Capacity



- Creating a Supportive Work Environment
- Rewarding Staff Achievements
- Implementing Staff Training Programs

Key Factors



1

**Dedication
& Passion**

Co-founders
Staffs
Volunteers



2

**Medical
Professionals**

Industry Support
Secured



3

Patients

Consistent Support



4

**Transparency
& Accountability**

Foundation of Trust

**Together,
we build hope and resilience.**

Thank you for your attention.



ALAN

Acute Leukemia Advocates Network

TRANSITION TOWARD ADVOCACY – FROM EXPERIENCE TO ACTION

Anne-Pierre Pickaert – November 7, 2025

www.acuteleuk.org

Hello I am Anne-Pierre



I celebrated my 11th year in January



of remission from Ph+ ALL
post bone marrow transplant

My patient journey timeline



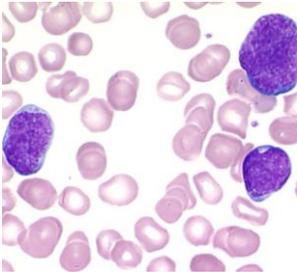
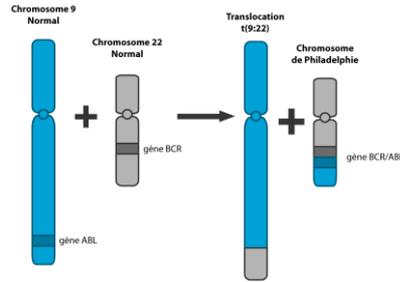
Things were going well for me

- I got married in May 2012
- By then, I had been building a career in healthcare for over 15 years
 - 10 years in public health and cancer prevention (public and non –profit sector)
 - 5 years in market access (pharmaceutical industry)
- I started a new job in April 2013 in market access



April 2013

But then my life took a bad turn



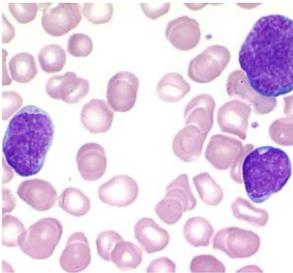
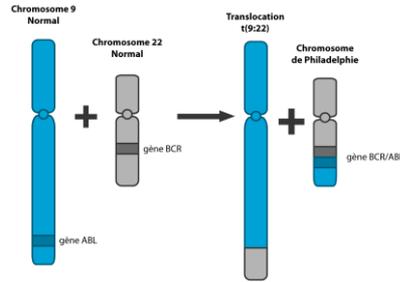
July 2013 nausea, increased sensitivity to strong smells, fatigue

Aug. 2013 weight loss and shortness of breath over 50 000 lymphoblasts -> B ALL

Sept 2013 Philadelphia +
→ Stem cell transplant (SCT)

Sept. – Dec. 2013 Induction & maintenance

I got a luckier escape than many



- July 2013** nausea, increased sensitivity to strong smells, fatigue
- Aug. 2013** weight loss and shortness of breath over 50 000 lymphoblasts -> B ALL
- Sept 2013** Philadelphia +
→ Stem cell transplant (SCT)
- Sept. – Dec. 2013** Induction & maintenance
- Nov 2013** Negative minimal residual disease
- Jan. 2014** Conditioning for a 10/10 matched unrelated donor stem-cell transplant

Becoming an advocate



Becoming a patient advocate was never a part of any plans

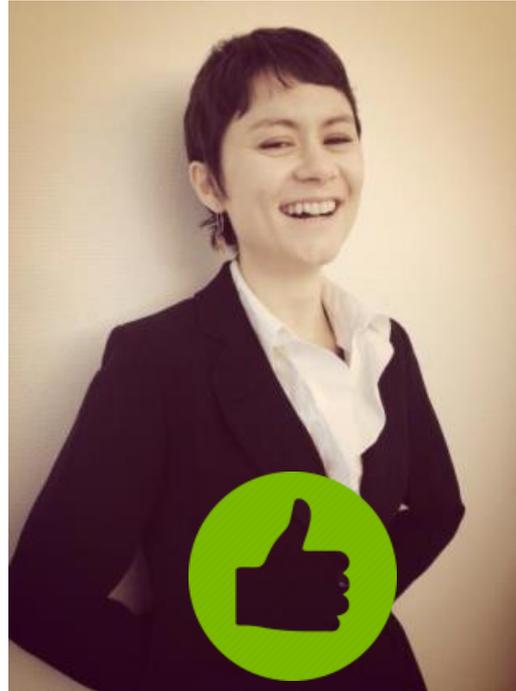


September 2013

Becoming a patient advocate was never a part of any plans



Day 16
128 days before BMT



Paying it forward: volunteer



Paying it forward: Advisor



A concrete example of an outcome of my advocacy work



Advocated for setting and implementing a bone marrow donor self-sufficiency goal



Evaluation of Implementation of the Objectives and Performance Contract 2017–2020 of the French Biomedicine Agency (ABM).



Inclusion of a 25% bone marrow donor self-sufficiency goal in the 2022-2026 Bone Marrow Transplant Plan

Some lessons
learned



Take nothing for granted

Every right we gain, every policy we influence, requires ongoing effort to maintain.

There is no finish line; there's only the next lap.



ChatGPT

Take nothing for granted: a goal is as good as when it is met

Pays	France	Italy	Spain	Germany		UK		
Registries	FGM	IBMDR	REDMO	ZKRD	DKMS	Anthony Nolan	DKMS UK	Other
Total number of donors	411,000	521,000	516,000	2,521,000	7,998,000	931,000	1,063,000	492,000
Registration age limit	18-36 years old	18-36 years old	18-40 years old	17-55 years old	17-55 years old	16-30 years old	17-55 years old	
% self-sufficiency 2024 (*)	8%	24%	25%	82% ¹ (60% ²)		26%		
% unrelated donors (**)	56%	52,50%	47%	79%		68%		
Year 2024								
Number of new donors	15,717	32,184	30,010	96,354	358,232	30,727	49,632	

(*) % of national patients who received an unrelated transplant from a national donor (excluding cord blood)

(**) % of allogenic transplants from unrelated donors (excluding cord blood)

¹ All German donors including DKMS

² Only DKMS Germany donors

Secure Your Own Well-being for Sustainable Advocacy

Advocacy is rewarding, as well as emotionally and physically demanding.

You can only help others effectively when you're secure yourself.

By caring for yourself, you ensure you can continue to care for others.

HOW TO USE OXYGEN MASK ON PLANE



Keep up with the pace of scientific change

- Stay informed, stay ahead
- Monitor availability and accessibility of new treatments (as well as current ones!!)
- Learn from recent patient experiences and go beyond personal experience



Le Chat Mistral

THANK YOU!

A decorative graphic at the bottom of the slide consists of a thick, wavy line that transitions from a deep purple on the left to a bright red on the right.

In a nutshell

Marine Tullet

Data & AI passionate

Climbing, bivouac & hiking lover

... **and advocate** being member of
ALAN Steering Committee!



It all started by being a carer...

...and an advocate for
my brother in 2021



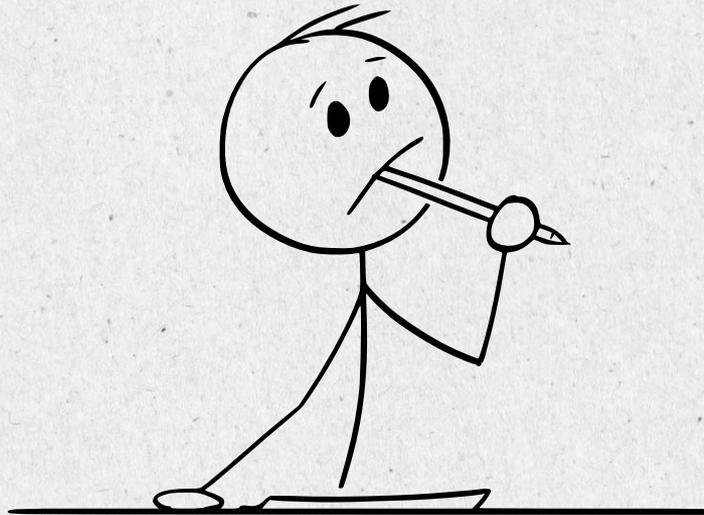
It ended up being an advocate.

*"If the mountain feels out of reach today,
start climbing it tomorrow."*

Walter Bonatti



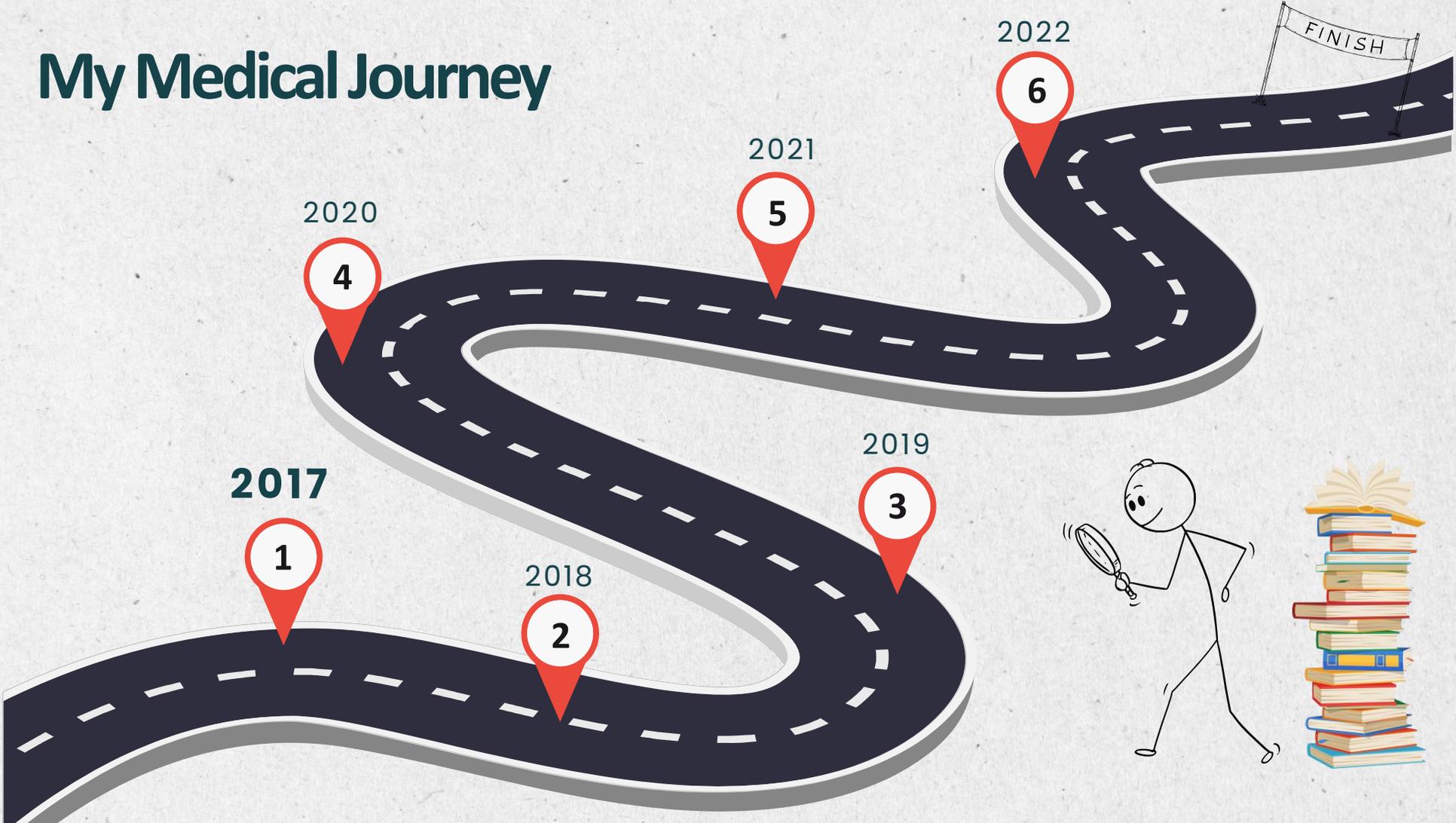
From Medical Student to **Patient...** to Maybe Doctor?



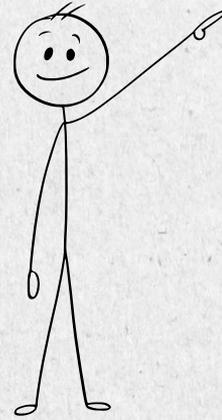
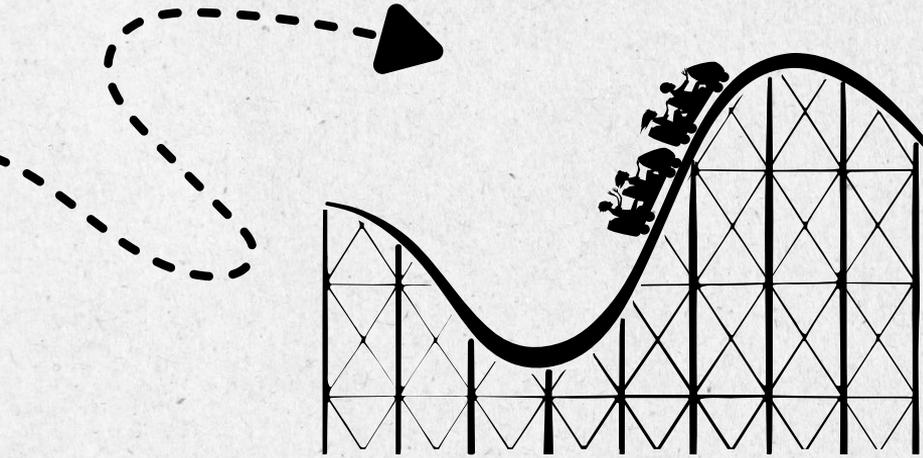
November 2025

E-mail
carolina.garcez.a.martins@gmail.com

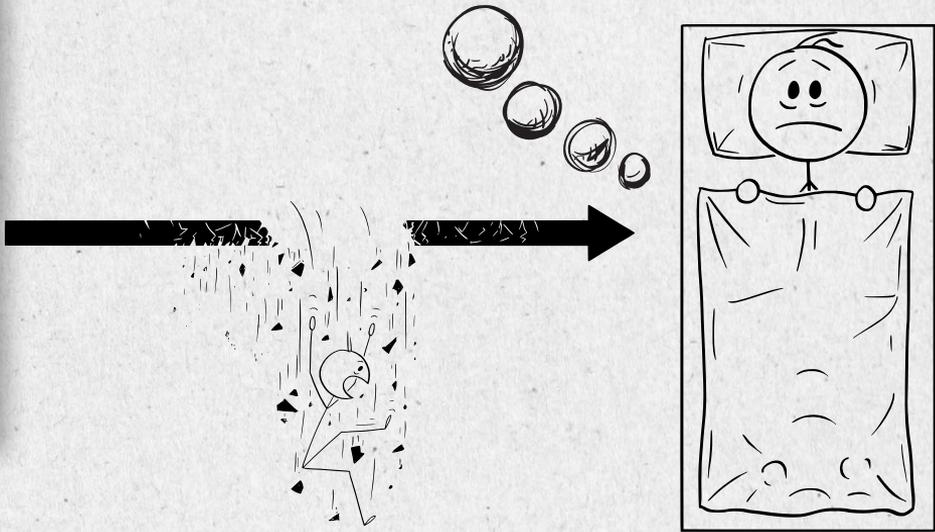
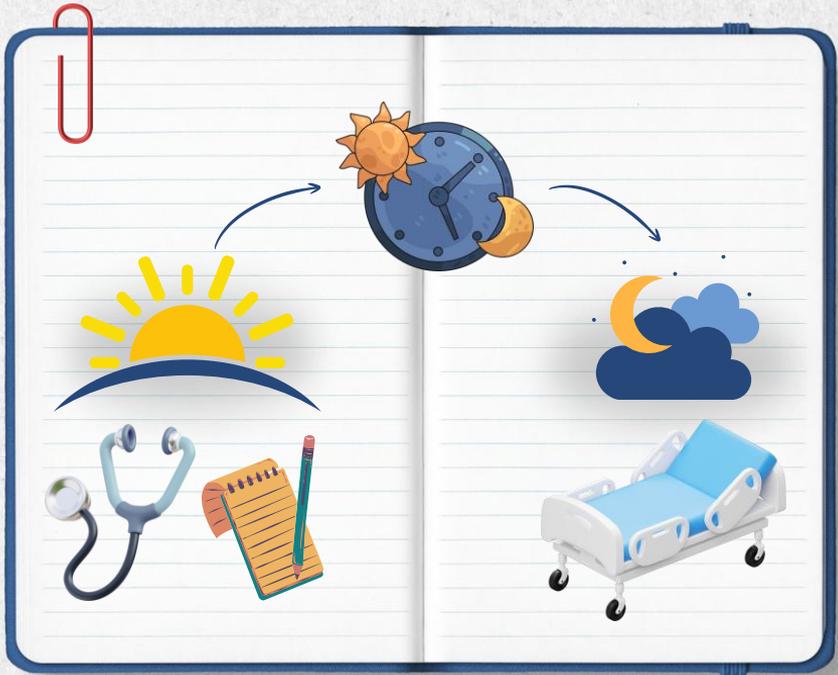
My Medical Journey

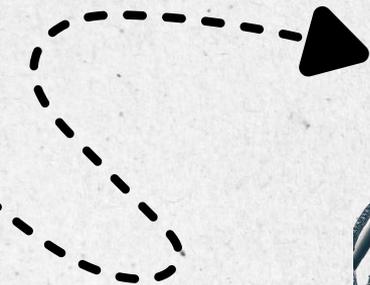


If you could zoom in on any random day of med school...



One ordinary day during my final year as a student...





Nov 2022

"My worth depends on what I can do."

"I know nothing about medicine.
I need to study more."

"The questions in medical exams
are the hardest ones."

"I need to know every reference
value from blood tests."

Feb 2023

"I feel useless."

"Why do I suddenly know so
much?"

"Those questions had right answers.
Most of mine now don't."

"They seem to care more about
the numbers than about me."



Find the differences

Nov 2022

"Being a good communicator is very important for a doctor."

"I know I need to see the person, not the disease."

"Most of my classmates will be amazing doctors."

"We need to take care of the family too."

"Doctors give patients discharge and think the worst is over."

Feb 2023

"Some talk a lot and most don't truly listen."

"I've never felt so unseen."

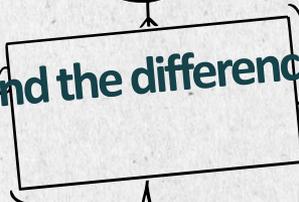
"They don't even know how to talk to me anymore."

"Why is no one supporting my parents?"

"That can often be when the real struggle begins."



Find the differences



Nov 2022

"Good care comes from knowledge and skill."

"Caring is so difficult."

"Caring is understanding how someone feels."

"There are difficult patients."

Nov 2023

"Good care comes from presence."

"Good care is easier than we think."

"Caring is respecting and being there for how someone feels."

"I am the difficult patient."



Find the differences



Nov 2022

"As a doctor I can only harm patients by not treating them or treating them wrong."

"We study life."

"Medicine was my dream, my identity."

"I'll be a reasonable doctor."

Nov 2023

"Well... guess what?"

"Why do they ignore so many aspects of life?"

"Medicine became a place of pain, confusion, and disappointment."

"If I survive, I don't want to be a doctor."



Most people start medicine for the right reasons.

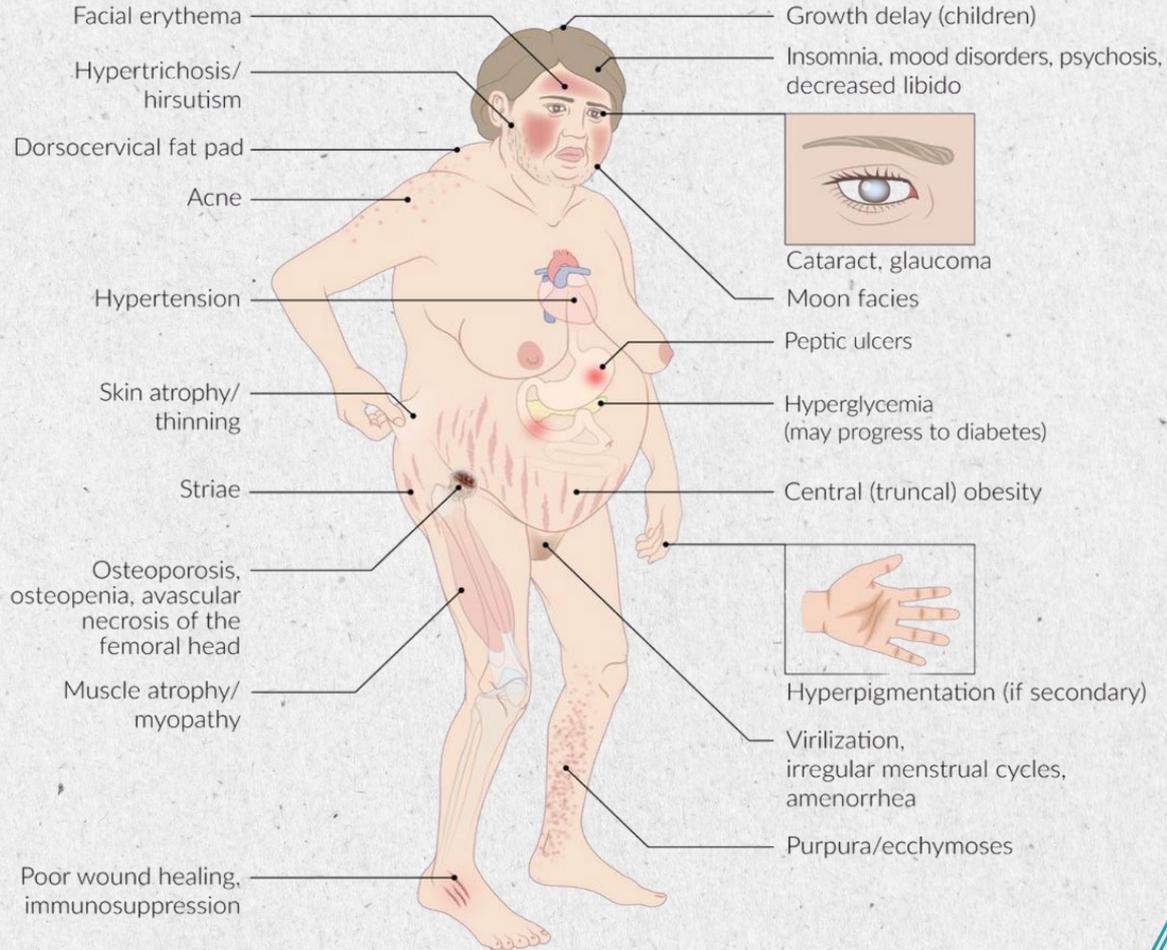
... To help.

... To relieve suffering.

... To heal.

... To make a difference.

So... What Went Wrong?



What We're Trained to See

We're trained...

...To recognize **patterns**.

...To **fit people into boxes**.

...To focus on what matches a diagnosis.

...To ignore what doesn't.

... To **live in our heads**,

because that's how you survive in medical school.

What We're Trained to See

We study bodies as if they were all the same...

...Yet we **barely study what it means to be human.**

We're trained to "see the person, not the disease"...

... But we often believe we **already know who that person is.**

What We're Trained to Say

We're trained...

- ... To ask **every "mandatory" question.**
- ... To allow silence, but **not for too long.**
- ... To recognize emotions, but **not our own.**

**We practice communication.
Not connection.**

This Goes Beyond Healthcare

It's a reflection of our society.

Of how we live, how we relate to family, to friends, to colleagues...and, most of all, to ourselves.

What's missing is presence.

When we're truly present, the answers come.

The Next Chapter

I don't know if I'll become a doctor.

But I do know that I'll keep learning what medicine really means.

Being a good doctor isn't a formula.

**Presence is not a skill.
It's a choice.**

And our presence can inspire others to be present too.

... Maybe that's where true healing begins.

Thank You

TOMORROW'S AGENDA



8.15 AM

Grounding

8.30 AM

Workshop: Advocacy in the acute setting

10 AM

May I borrow your buddy?

10.30 AM

Let's talk about data

11 AM

Turning insights into action

12.30 PM

Group photo

12.45 PM

Lunch



DON'T FORGET!

- We do not expect anyone to be an observer - Everyone is welcome and encourage to participate
- Activities proposed during the breaks are optional
- Bad english is the official language

TO-DOS

- Be on time !
- Keep your badge on
- Mute your phone and switch off your computer

TOMORROW'S AGENDA



1.30 PM

From Data Collection to Advocacy

2.30 PM

Turning Insights into Access

3.30 PM

Marshmallow challenge

4 PM

Workshop: Barriers to access

5.30 PM

Yoga with chair

7 PM

Dinner (hotel)



DON'T FORGET!

- We do not expect anyone to be an observer - Everyone is welcome and encourage to participate
- Activities proposed during the breaks are optional
- Bad english is the official language

TO-DOS

- Be on time !
- Keep your badge on
- Mute your phone and switch off your computer



Time for yoga !

- Remove your shoes (if you want)
- Get comfy
- Breathe
- Smile
- Enjoy !

